

# ***As a Major or a Minor, think about Creative Arts Therapy***



## ***Major Creative Arts Therapy***

CAT 200 Introduction to Art Therapy  
CAT 300 Develop. and Comp. Stages in Art  
CAT 301 Art Therapy Studio  
CAT 310 Art Therapy Ethics  
CAT 340 Art Therapy Literature & Symbolism  
CAT 440 Art Therapy Assessments & Techniques  
CAT 403 Art Therapy Internship and Observation  
CAT 486 Senior Project & Thesis

### **Choose one course from the following:**

ART 210 Watercolor Painting I  
ART 215 Oil/Acrylic Painting I

### **Choose one course from the following:**

ART 341 Art History II  
ART 342 Art History III  
ART 343 Survey of Non-Western Art

### **Required Psychology Courses (total 12 hours)**

PSYC 322 Personality Psychology  
PSYC 441 Abnormal Psychology  
PSYC 320 Psychology of Adulthood and Old Age  
**PSYC 101 fulfills the General Studies Requirement**

### **Required Art Studio Courses**

ART 104 Drawing I  
ART 110 Design I  
ART 150 Art Appreciation for the Art Major  
ART 160 Design II  
ART 204 Drawing II  
ART 230 Printmaking  
ART 220 Ceramics I  
ART 250 Crafts I

### **Additional 9 Hours in Art Studio Electives (must be in 300 OR 400 level course)**

## ***Minor Art Therapy***

(18 credits)

CAT 200 Introduction to Art Therapy  
CAT 300 Develop. & Comp. Stages in Art  
CAT 301 Art Therapy Studio  
CAT 310 Art Therapy Ethics  
CAT 340 Art Therapy Literature & Symbolism  
CAT 440 Art Therapy Assessments & Techniques