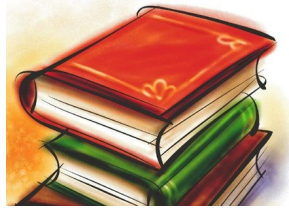


## Reading and Remembering Strategies



In Academic Coaching, we try to provide our students with several different reading strategies. The three most effective reading strategies that we emphasize are:

- 1) SQ4R
- 2) PARROT
- 3) PRR
- 4) S-RUN-R

The basic concepts of these methods are similar. One reading strategy may work better for one class over another. We recommend students modify and or/combine strategies to meet their needs.

### **SQ4R (for traditional textbooks)**

**Survey** - by previewing the chapter. Read the introduction, headings, illustrations, and summary.

**Question** - by turning each heading into a question.

**Read** - to find the answer to your questions, but only read from one heading/question to the next heading.

**Record** - by writing a brief outline, summary or bullet points *in your own words*. You can use note cards for vocabulary.

**Recite** - by saying the question to yourself and mentally answer the question in your own words.

**Review** - by going over the questions and answers you developed. This will assist in retaining material

## **PARROT**

This strategy was developed at the University of South Florida by Barbara McLay and integrates steps from the traditional SQ3R.

**Preview** - involves getting familiar with the reading assignment by scanning major headings, illustrations, charts, bold print, summary, chapter questions, and outline.

**Attend** - by having a purpose for your reading and ask yourself what you want to learn from the chapter.

**Read** - by dividing up the reading by reading a section at a time.

**Review** - by stopping frequently to recap what you have read.

**Organize** - the information after each section by creating outlines, note cards, concept maps, timeline, Cornell, and book notes.

**Test** - by asking your questions from the organizing tools you utilized from the above step. Work with a study partner and attend study groups to clear up questions.

## **The PRR (or P2R)** (*non-traditional textbooks*)

(*Reference: [www.utexas.edu/student/utlc](http://www.utexas.edu/student/utlc)*)

### **PREVIEW**

- Look over chapter outline and summaries
- Look over headings, subheadings, charts, and illustrations
- Master the technical vocabulary
- Break up your readings into sections

### **READ ACTIVELY**

- Develop your questions from titles, subtitles
- Divide reading into smaller sections
- Take notes, make outlines, use webbing, retention diagrams, note cards

### **RECALL**

***Research shows that we forget about 40-50% of what we read within about 15 minutes unless we take measures to recall it immediately.***

- ***Recite:*** Go over your questions. Say the answers in your own words. Do you really understand what the book is saying?
- ***Reflect:*** Can you answer those higher level questions? Can you make connections? Do you see patterns? Can you relate the material to examples?
- ***Review:*** Review on a regular basis. Utilize website review material, practice quizzes, attend study groups.

## **S-RUN-R Reading System (*problems based classes*)**

### **SURVEY:**

- First, survey the chapter.
- Read the title and the introduction, as well as all headings, charts, diagrams, and graphs.

### **READ:**

- Now read the section.

### **UNDERLINE:**

- Underline the material that explains the section's heading.

### **NOTETAKING:**

- After completing the previous steps, take notes on the material.
- Summarize the main points of the section.

### **REVIEW:**

- Review the material to reinforce your learning.

Adapted from: VanBlerkom, D.L. (1994). College study skills: becoming a strategic learner.