

West Liberty University

STUDENT HEALTH SERVICES

Shaw Hall 208 University Drive, CUB 127 West Liberty, WV 26074 Office: 304.336.8049 Fax: 304.336.8315 westliberty.edu/health-services

January 9, 2023

The WLU community has done an excellent job of keeping our campus safe over the course of the pandemic. COVID vaccination continues to be our first line of defense to protect against severe illness.

We must stay diligent in performing healthy habits such as hand washing and cleaning/disinfecting our personal spaces. Good nutrition, sleep, and hydration are essential in maintaining a strong immune system. The <u>Fall 2022 COVID protocols</u> will remain in effect for students for the Spring 2023 semester. For questions, please contact Student Health Services at 304-336-8049.

October 3, 2022

Update: Due to manufacturer's instructions and guidance from the WV DHHR, the COVID Antigen tests currently administered in Student Health Services will be used only for <u>symptomatic</u> individuals. Asymptomatic direct contacts should continue to follow CDC guidance regarding testing, which can be found here: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html#when-to-get-tested.

August 15, 2022

WLU urges the campus community to be diligent in healthy habits to avoid illness. Good hand hygiene, cough etiquette, good nutrition, exercise, and adequate sleep are all essential to maintain wellness. In addition, please see the following COVID-19 guidelines for Fall 2022:

Masking

WLU will continue to be mask-optional for the fall semester. Professors may request that masks are worn as a safety precaution in classrooms as they deem fit. Students enrolled in the Health Sciences, such as dental hygiene, laboratory science, nursing, physician assistant studies and WLU's speech and behavioral health clinics must follow the mask rule of each Health Science program.

Students who have health conditions which cause them to be immunocompromised may receive an N95 mask in Student Health Services.

Vaccinations

COVID-19 vaccinations are a critical part of West Liberty University's response to the pandemic. <u>Up-to-date vaccination</u> is strongly recommended to the WLU campus community. FREE COVID vaccines are given at the <u>Wheeling-Ohio County Health Department</u> (1500 Chapline Street, Wheeling) from 9-11 am and 1-3 pm Monday-Friday.

COVID Testing

Individuals experiencing symptoms of COVID-19, whether vaccinated or unvaccinated, should be tested. COVID testing is available for students in <u>Student Health Services</u> or at <u>Doctors Urgent Care</u>. Free home tests are available at the Wheeling-Ohio County Health Department and at area pharmacies.

COVID Positive-What if students have a positive COVID test?



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- •Continue to report new positive COVID test results using the COVID Reporting Form
- •Upload a copy of the positive test result to the <u>student health portal</u>. (Students using home tests, should be sure to take a picture of the home test kit showing the positive result, and include their name, birthdate, and date of test before uploading to the student health portal.)
- •Inform your professors that you are unable to attend class until cleared by Student Health Services.
- •Notify your close contacts. A close contact is someone who was less than 6 feet away from a confirmed COVID positive person (starting 2 days before the COVID positive person started displaying symptoms) for 15 minutes or more over a 24-hour period.
- •Plan to isolate for a minimum of 5 days from the date symptoms started. In order to be cleared from isolation by Student Health Services, students must be at least 5 days from symptom onset, have had no fever for 24 hours (without the use of fever-reducing medications) and have improvement of other symptoms.
- •Wear a mask for 5 more days.
- Due to limited isolation accommodations on campus, students are encouraged to isolate at home if possible.

Close Contacts-What should student close contacts do?

•Regardless of vaccination status, if you have been exposed to someone with COVID-19, you do not have to quarantine. However, you should wear a high-quality mask for 10 days and get tested on day 5.

Additional Resources

Students who feel they are experiencing long-term effects from a COVID infection, should follow up with their primary care physician or make an appointment at Student Health Services.

Mental health resources are available at the **Counseling Center**.

Students with academic concerns are encouraged to reach out to their professors and contact the <u>Learning and Student Development Center</u>.