



West Liberty University  
Drug-Free Schools and Campuses Regulations [Edgar part 86] Biennial Review 2022-2024  
**EDGAR Part 86 (Education Department General Administrative Regulations)**

**Counseling Office Overseeing Biennial Review**

**INTRODUCTION/OVERVIEW**

The Drug-Free Schools and Communities Act (DFSCA) and subsequent legislation require an institution of higher education (IHE) to provide a biennial program review of alcohol and other drug prevention programs to be eligible to receive funds or any other form of financial assistance under any Federal program, including participation in any federally funded or guaranteed student loan program.

West Liberty University (WLU) conducts a Biennial Review to develop and implement strategies and programs to prevent the unlawful possession, use or distribution of illicit drugs or alcohol by students and employees.

**BIENNIAL REVIEW PROCESS**

WLU Director of Counseling Services gathers data and program information from Campus Police, Housing, Student Life, Human Resources, and Counseling Services.

The biennial review documentation is located in the Counseling Office, and on the WLU website, Financial Aid, Consumer Information <https://westliberty.edu/financial-aid/financial-aid-information/consumer-information/>

**ANNUAL POLICY NOTIFICATION PROCESS**

Students

The university prohibits the possession or consumption of alcoholic beverages on the campus. Any exception must have prior approval. The university prohibits the possession, use, or furnishing of any illegal drugs or drug paraphernalia (bongs, pipes, etc.) in the residence halls or on university-owned or supervised property. Any student found in violation of this policy will be immediately placed on interim suspension from the residence halls and/or the institution pending completion of the university's judicial process as outlined in the Student Code of Conduct. Any residential suspension predicated on a violation involving a felony-weight of drugs and/or possession with intent to deliver also shall result in imposition of "full restrictions." Written notification will be sent to student, parent(s) or guardian, and faculty advisor. In addition, any person found in violation of this policy may be subject to legal action. Note: Presence in an area where drugs are present may subject all persons present to discipline/legal action.

Offenses for which the university may impose disciplinary action are listed in the Student Handbook. <https://westliberty.edu/residence-life/files/2020/08/Student-Handbook-2020-21.pdf> The student handbook is available online and emailed to all students and reviewed in College 101 classes for all first year students.

## Employees

Employees are given the Drug Free Workplace Policy and asked to sign an acknowledgement at the time of hire. The Drug Free Workplace Policy can be reviewed and signed electronically (Hello Sign) to ensure all faculty and staff re-read and acknowledged the Policy.

The Drug Free Workplace has its own direct link on the HR website for full visibility and easy access. It also includes this link [https://www.drugabuse.gov/sites/default/files/Commonly-Used-Drugs-Charts\\_final\\_June\\_2020\\_optimized.pdf](https://www.drugabuse.gov/sites/default/files/Commonly-Used-Drugs-Charts_final_June_2020_optimized.pdf) to the National Institute on Drug Abuse for the most up to date information for our employees.

- Board of Governors 3.4 [Drug Free Workplace](#)
- [Board of Governors 1.4 Alcoholic Beverages on Campus](#)
- [Board of Governors Policy 1.11 Tobacco Use Guidelines](#)

Faculty and staff are required to complete an annual Substance Education online training through the vendor, Everfi.

## **ALCOHOL AND OTHER DRUG PREVALENCE RATE, INCIDENCE RATE, NEEDS ASSESSMENT AND TREND DATA**

Drug and alcohol related arrests and disciplinary referrals are collected from Campus Security Reports <https://westliberty.edu/residence-life/asr/>

There has been an increase in liquor law arrests, drug law arrests, and liquor law disciplinary referrals from 2022-2023. 2024 data is not available.

<b>Type of Incident Reported</b>	<b>2021 Residence Halls &amp; Campus</b>	<b>2022 Residence Halls &amp; Campus</b>	<b>2023 Residence Halls &amp; Campus</b>
Liquor Law Arrests	32	6	30
Drug Law Arrests	2	2	12
Illegal Weapons Arrest	0	0	0
Liquor Law Disciplinary Referrals	17	17	28
Drug Law Disciplinary Referrals	10	10	9
Illegal Weapons and Disciplinary Referrals	0	0	0

Counseling Referrals for Alcohol and/or Drug Use per Academic year

Data was collected from PyraMed Electronic Health Records indicating no significant changes.

	2020-2021	2021-2022	2022-present	2023	2024
Alcohol Use referral	0	1	1	1	1
Drug Use Referral	1	5	1.	1	0

### **National College Health Assessment (NCHA)**

West Liberty University (WLU) participated in a Spring 2024 National College Health Assessment (NCHA) through membership status with The West Virginia Collegiate Initiative to Advance Healthy Campus Communities (WVCIA). WLU had 146 respondents. Following is a summary of results in the state of West Virginia. Attached are WLU's survey results.

#### **Substance Use/Risk Factors**

- Change from last time: Fraternity & Sorority membership has association with higher use scores
- No major changes in use section (drug use and/or alcohol use)
- New included section on smaller use substances (cocaine, hallucinogens, scripts, etc).
- 1% increase in students in recovery
- More hours spent in week was associated with less reported food insecurity

#### **Mental Health**

- This year will show higher scores that indicated serious mental distress. Ethan will reach out to understand recategorization
- A higher number of students reported that health and wellbeing was a priority to their college/univ. and a higher number reported sense a of belonging.
- Higher percentage of students was flagged for suicide risk
- Similar rates of students considering treatment/help as last year.

### **ALCOHOL AND OTHER DRUG POLICY, ENFORCEMENT AND COMPLIANCE INVENTORY AND RELATED OUTCOMES/DATA**

Drug Abuse Violations of state and local laws relating to the unlawful possession, sale, use, growing, manufacturing, and making of narcotic drugs. The relevant substances include opium or cocaine and their derivatives (morphine, heroin, codeine); marijuana; synthetic narcotics (demerol, methadone); and dangerous non-narcotic drugs (barbiturates, benzedrine).

Liquor Law Violations The violation of laws or ordinance prohibiting: the manufacture, sale, transporting, furnishing, possessing of intoxicating liquor; maintaining unlawful drinking places; bootlegging; operating a still; furnishing liquor to minor or intemperate person; using a vehicle for illegal

WLU certifies that it has adopted and has implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees on school premises or as part of any of its activities

The university prohibits the possession or consumption of alcoholic beverages on the campus. Any exception must have prior approval. The university prohibits the possession, use, or furnishing of any illegal drugs or drug paraphernalia (bongs, pipes, etc.) in the residence halls or on university-owned or supervised property.

Any student found in violation of this policy will be immediately placed on interim suspension from the residence halls and/or the institution pending completion of the university's judicial process as outlined in the Student Code of Conduct. Any residential suspension predicated on a violation involving a felony-weight of drugs and/or possession with intent to deliver also shall result in imposition of "full restrictions." Written notification will be sent to student, parent(s) or guardian, and faculty advisor. In addition, any person found in violation of this policy may be subject to legal action. Note: Presence in an area where drugs are present may subject all persons present to discipline/legal action.

Drugs/Illegal Substances <https://westliberty.edu/conduct/drugs/>

Offenses for which the university may impose disciplinary action are listed in the Student Handbook. <https://westliberty.edu/residence-life/files/2020/08/Student-Handbook-2020-21.pdf>

Greek Life <https://westliberty.edu/student-life/riskmanagement/>

### **Employee Assistance Program (EAP)**

- [Employee Assistance Program \(EAP\) – Employee Flyer](#)
- [Employee Assistance Program \(EAP\) – 20 ways EAP can help](#)
- [Employee Assistance Program \(EAP\) – Child Care](#)
- [Employee Assistance Program \(EAP\) – Online Will and Legal Form Preparation Flyer](#)

### **ALCOHOL AND OTHER DRUGS COMPREHENSIVE PROGRAMS AND INTERVENTION**

- a. West Liberty University is a Member of the West Virginia Collegiate Initiative to Address High Risk Substance Use <https://wvcia.com/>
- b. Installation of several One Boxes.
- c. Choices Program for Alcohol and Marijuana Use offered through WLU Counseling Service.
- d. Parent Handbook on Alcohol <https://westliberty.edu/current-students/files/2020/07/WLU-Parent-Alcohol-Handbook-072020-web.pdf>
- e. Seven required Personal Health Screenings (depression, anxiety, alcohol use, drug use, eating disorder, attention deficit hyperactivity, and sleep) for all Athletes during the fall and spring semesters. A WLU counselor reaches out to those who indicated clinical significance on any of the seven screenings.
- f. Annual Spring Health Fair including YWCA (domestic violence/human trafficking), Break Thur (a medical withdrawal management service), Sexual Assault Help Center,
- g. Developed SWOT Analysis with West Virginia Collegiate Initiative to Advance Health Campus Communities (WVCIA) campus student leader for WLU mental health and substance use prevention, intervention, and recovery.
  - i. WVCIA/WLU student leader completing TIPS training and Naloxone training.

- ii. Domestic Violence Awareness Month (October) provided an information table -YWCA- human trafficking and domestic violence during awareness months.
  - iii. Overdose prevention table with College Safety Tips, Fentanyl Fact Sheets, and Narcan/One Box information
  - iv. Sober Awareness – mock tails - Collaborate with the psychology club and social work club.
  - v. Homecoming Game Sober Booth offered water, snacks, mental health matters cinch bags and lanyards to win at a bean bag toss.
  - vi. Mental Health Screenings event
  - vii. Aspire to Wellness walk with President Inaugural Event and other organizations.
  - viii. Received the Youth Empowerment Grant for a Zen Den located in the Student Union.
- h. Mental Health Choral Event
  - i. Mindfulness without boundaries training by Youth Services
  - j. The Campus Activities Board (CAB) works with the Office of Housing & Student Life to provide alcohol free events and activities for the West Liberty University community. CAB sponsors a wide variety of events, activities, and programs including wellness programs, craft nights, holiday parties, open mic nights, WLU idol, novelties, bus trips, family weekend, national entertainment acts, and much more.
  - k. Restrict the marketing and promotion of alcoholic beverages both on and off campus: WLU expects the university newspaper, The Trumpet, TV station, WLTV 14 and radio station, WGLZ to act at the highest levels of responsibility, and especially in regard to no alcohol advertising. Bar owners are not permitted to advertise drink specials on campus.
  - l. Campus Police enforce state and local laws by teaming with city and county law enforcement to increase the visibility and persistence of substance use related to law enforcement. They arrest and/or cite any person evidencing underage alcohol use or drug use. Through funding from the Governors Highway Safety office, the Ohio County Sheriff's Office conducts safety check points on RT 88. Residence Assistants also help in the enforcement of the no alcohol, no drug policy by reporting any use of alcohol or drugs in the dorms to WLU Campus Police.
  - m. Students who believe they, or someone they know, are experiencing problems with alcohol or drug abuse can contact the University's Counselor at (304)336-8215. Counseling Services refers to community resources as determined clinically necessary. AOD information can be found on the WLU Website, Counseling Services <https://westliberty.edu/current-students/behavior-intervention-team-bit/counseling-services/>.
  - n. Faculty and Staff can report alcohol and drug related concerns or problems to WLU Counseling Services using an online form. <https://westliberty.edu/current-students/behavior-intervention-team-bit/counseling-services/behavior-intervention-form/>
  - o. All Greek Organizations have a Risk Management component. The goal for Risk Management is to collaborate with the campus community, identify and assess risk, increase safety and decrease potential loss while advancing the mission of the University. The Greek Council and campus mission at West Liberty University is to promote sound risk management policies and practices,

through risk management education, programming and information involved in all aspects of Greek Life with specific attention to interpreting and enforcing the Alcohol/Drug Policy,

- p. The Counseling Office works with Student Activities to provide an alcohol-free event during TopperFest called Making Connections.
- q. There is no alcohol served to students on campus and there are consequences for students drinking on campus or coming to campus intoxicated. Alcohol possession and/or use are not permitted in the residence halls except for a designated residence hall floor. Students who live in that designation must be 21 and must adhere to strict guidelines.
- r. There is a Food Pantry located on the second floor of the student Union to address food insecurity on campus.
- s. Counseling Services presents to College 101 classes on Mental Health and the impact of alcohol and drug use on mental health and academic performance.
- t. Suicide Prevention Training using the Question, Persuade, Refer program
- u. Mental Health Memos emailed to students, faculty, and staff.
- v. West Liberty University's Behavioral Intervention Team (BIT) is composed of representatives from the following offices:

Counseling Services	Academic Affairs
Campus Police	Student Success Center
Student Affairs	Athletics
Health Services	Legal Counsel (if applicable)

The Behavioral Intervention Team is a group of campus professionals who assess and manage those referred for behaviors of concern such as potential violence, safety, or mental health issues. A core function of the BIT is threat assessment and early intervention, with the hope of prevention. The BIT offers a structured positive method for appropriately dealing with problem student behaviors impacting the West Liberty University (WLU) community.

- s. WLU Counseling Services offers two options
  - Option 1: In person or secure zoom sessions
  - Option 2: WLU has partnered with BetterMynd Telehealth Services for college students

## RECOMMENDATIONS FOR IMPROVEMENTS

Increase outreach events  
Provide peer mentoring program

## CONCLUSION

WLU recognizes the ongoing need nationwide to address alcohol and illicit drug issues. A strength of alcohol and drug prevention is the collaboration that comes from a supportive Administration, Student Services, Residence Life, Campus Police, Academic Departments, and Athletics.

WLU will continue involvement in the WVCIA. Using evidence-based strategies, the program promotes healthy campus communities through self-regulatory initiatives, information dissemination, public policy influence, cooperation with prevention partners and technical assistance.

Research shows that several carefully conducted community initiatives aimed at reducing alcohol problems among college-age youth have been effective, leading to reductions in underage drinking, alcohol-related assaults,

## HEALTH RISKS

Tobacco			
Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
Nicotine	Found in cigarettes, cigars, bidis, and smokeless tobacco (snuff, spit tobacco, chew)	Not scheduled	Smoked, snorted, chewed

**Acute Effects** - Increased blood pressure and heart rate

**Health Risks** - Chronic lung disease; cardiovascular disease; stroke; cancers of the mouth, pharynx, larynx, esophagus, stomach, pancreas, cervix, kidney, bladder, and acute myeloid leukemia; adverse pregnancy outcomes; addiction

Alcohol			
Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
Alcohol (ethyl alcohol)	Found in liquor, beer, and wine	Not scheduled	Swallowed

**Acute Effects** - In low doses, euphoria, mild stimulation, relaxation, lowered inhibitions; in higher doses, drowsiness, slurred speech, nausea, emotional volatility, loss of coordination, visual distortions, impaired memory, sexual dysfunction, loss of consciousness

**Health Risks** - Increased risk of injuries, violence, fetal damage (in pregnant women); depression; neurologic deficits; hypertension; liver and heart disease; addiction; fatal overdose

## Cannabinoids

Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
<b>Marijuana</b>	Blunt, dope, ganja, grass, herb, joint, bud, Mary Jane, pot, reefer, green, trees, smoke, sinsemilla, skunk, weed	Schedule I drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only and have no approved medical use.	Smoked, swallowed
<b>Hashish</b>	Boom, gangster, hash, hash oil, hemp	Schedule I drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only and have no approved medical use.	Smoked, swallowed

**Acute Effects** - Euphoria; relaxation; slowed reaction time; distorted sensory perception; impaired balance and coordination; increased heart rate and appetite; impaired learning, memory; anxiety; panic attacks; psychosis

**Health Risks** - Cough, frequent respiratory infections; possible mental health decline; addiction

## Opioids

Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
<b>Heroin</b>	<i>Diacetylmorphine</i> : smack, horse, brown sugar, dope, H, junk, skag, skunk, white horse, China white; cheese (with OTC cold medicine and antihistamine)	Schedule I drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only and have no approved medical use.	Injected, smoked, snorted
<b>Opium</b>	<i>Laudanum, paregoric</i> : big O, black stuff, block, gum, hop	Schedule II drugs have a high potential for abuse. They require greater storage	Swallowed, smoked



## Opioids

Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
		<p>security and have a quota on manufacturing, among other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering. Schedule III drugs are available by prescription, may have five refills in 6 months, and may be ordered orally. Some Schedule V drugs are available over the counter.</p>	

**Acute Effects** - Euphoria; drowsiness; impaired coordination; dizziness; confusion; nausea; sedation; feeling of heaviness in the body; slowed or arrested breathing

**Health Risks** - Constipation; endocarditis; hepatitis; HIV; addiction; fatal overdose

## Stimulants

Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
<b>Cocaine</b>	<i>Cocaine hydrochloride</i> : blow, bump, C, candy, Charlie, coke, crack, flake, rock, snow, toot	Schedule II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering.	snorted, smoked, injected
<b>Amphetamine</b>	<i>Biphphetamine, Dexedrine</i> : bennies, black beauties, crosses, hearts, LA	Schedule II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among	swallowed, snorted, smoked, injected

Stimulants			
Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
	turnaround, speed, truck drivers, uppers	other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering.	
<b>Methamphetamine</b>	<i>Desoxyn</i> : meth, ice, crank, chalk, crystal, fire, glass, go fast, speed	Schedule II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering.	swallowed, snorted, smoked, injected

**Acute Effects** - Increased heart rate, blood pressure, body temperature, metabolism; feelings of exhilaration; increased energy, mental alertness; tremors; reduced appetite; irritability; anxiety; panic; paranoia; violent behavior; psychosis

**Health Risks** - Weight loss, insomnia; cardiac or cardiovascular complications; stroke; seizures; addiction

**Also, for cocaine** – Nasal damage from snorting

**Also, for methamphetamine** – Severe dental problems

Club Drugs			
Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
<b>MDMA (methylenedioxy-methamphetamine)</b>	Ecstasy, Adam, clarity, Eve, lover's speed, peace, uppers	Schedule I drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only	swallowed, snorted, injected

Club Drugs

Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
		and have no approved medical use.	
<b>Flunitrazepam**</b>	<i>Rohypnol</i> : forget-me pill, Mexican Valium, R2, roach, Roche, roofies, roofinol, rope, rophies	Schedule IV drugs are available by prescription, may have five refills in 6 months, and may be ordered orally.	swallowed, snorted
<b>GHB**</b>	<i>Gamma-hydroxybutyrate</i> : G, Georgia home boy, grievous bodily harm, liquid ecstasy, soap, scoop, goop, liquid X	Schedule I drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only and have no approved medical use.	swallowed

**Acute Effects, for MDMA** - Mild hallucinogenic effects; increased tactile sensitivity; empathic feelings; lowered inhibition; anxiety; chills; sweating; teeth clenching; muscle cramping

**Also, for Flunitrazepam** - Sedation; muscle relaxation; confusion; memory loss; dizziness; impaired coordination

**Also, for GHB** - Drowsiness; nausea; headache; disorientation; loss of coordination; memory loss

**Health Risks, for MDMA** - Sleep disturbances; depression; impaired memory; hyperthermia; addiction

**Also, for Flunitrazepam** - Addiction

**Also, for GHB** - Unconsciousness; seizures; coma

## Dissociative Drugs

Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
<b>Ketamine</b>	<i>Ketalar SV</i> : cat Valium, K, Special K, vitamin K	Schedule III drugs are available by prescription, may have five refills in 6 months, and may be ordered orally.	injected, snorted, smoked
<b>PCP and analogs</b>	<i>Phencyclidine</i> : angel dust, boat, hog, love boat, peace pill	Schedule I & II drugs have a high potential for abuse. They require greater storage security & have a quota on manufacturing. Schedule I drugs are available for research only & have no approved medical use; Schedule II drugs are only by prescription.	swallowed, smoked, injected
<b>Salvia divinorum</b>	Salvia, Shepherdess's Herb, Maria Pastora, magic mint, Sally-D	Not Scheduled	chewed, swallowed, smoked
<b>Dextromethorphan (DXM)</b>	Found in some cough and cold medications: Robotripping, Robo, Triple C	Not Scheduled	swallowed

**Acute Effects** - Feelings of being separate from one's body and environment; impaired motor function

**Also, for ketamine** - Analgesia; impaired memory; delirium; respiratory depression and arrest; death

**Also, for PCP and analogs** - Analgesia; psychosis; aggression; violence; slurred speech; loss of coordination; hallucinations

**Also, for DXM** - Euphoria; slurred speech; confusion; dizziness; distorted visual perceptions

**Health Risks** - Anxiety; tremors; numbness; memory loss; nausea

## Hallucinogens

Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
<b>LSD</b>	<i>Lysergic acid diethylamide</i> : acid, blotter, cubes, microdot yellow sunshine, blue heaven	Schedule I drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only and have no approved medical use.	swallowed, absorbed through mouth tissues
<b>Mescaline</b>	Buttons, cactus, mesc, peyote	Schedule I drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only and have no approved medical use.	swallowed, smoked
<b>Psilocybin</b>	Magic mushrooms, purple passion, shrooms, little smoke	Schedule I drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only and have no approved medical use.	swallowed

**Acute Effects** - Altered states of perception and feeling; hallucinations; nausea

**Also, for LSD** - Increased body temperature, heart rate, blood pressure; loss of appetite; sweating; sleeplessness; numbness, dizziness, weakness, tremors; impulsive behavior; rapid shifts in emotion

**Also, for Mescaline** - Increased body temperature, heart rate, blood pressure; loss of appetite; sweating; sleeplessness; numbness, dizziness, weakness, tremors; impulsive behavior; rapid shifts in emotion

**Also, for Psilocybin** - Nervousness; paranoia; panic

**Health Risks, for LSD** - Flashbacks, Hallucinogen Persisting Perception Disorder

## Other Compounds

Category & Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
<b>Anabolic steroids</b>	<i>Anadrol, Oxandrin, Durabolin, Depo-Testosterone, Equipoise</i> ; roids, juice, gym candy, pumpers	Schedule III drugs are available by prescription, may have five refills in 6 months, and may be ordered orally.	Injected, swallowed, applied to skin
<b>Inhalants</b>	<i>Solvents (paint thinners, gasoline, glues); gases (butane, propane, aerosol propellants, nitrous oxide); nitrites (isoamyl, isobutyl, cyclohexyl)</i> ; laughing gas, poppers, snappers, whippets	Not scheduled	Inhaled through nose or mouth

**Acute Effects, for Anabolic steroids** - No intoxication effects

**Also, for Inhalants (varies by chemical)** - Stimulation; loss of inhibition; headache; nausea or vomiting; slurred speech; loss of motor coordination; wheezing

**Health Risks, for Anabolic steroids** - Hypertension; blood clotting and cholesterol changes; liver cysts; hostility and aggression; acne; in adolescents—premature stoppage of growth; in males—prostate cancer, reduced sperm production, shrunken testicles, breast enlargement; in females—menstrual irregularities, development of beard and other masculine characteristics

**Also, for Inhalants** - Cramps; muscle weakness; depression; memory impairment; damage to cardiovascular and nervous systems; unconsciousness; sudden death

## Prescription Medications

### Depressants

Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
<b>Barbiturates</b>	<i>Amytal, Nembutal, Seconal, Phenobarbital</i> ;	Schedule II drugs have a high potential for abuse. They require	injected, swallowed

Depressants

Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
	barbs, reds, red birds, phennies, tooies, yellows, yellow jackets	greater storage security and have a quota on manufacturing, among other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering. Schedule III drugs are available by prescription, may have five refills in 6 months, and may be ordered orally. Some Schedule V drugs are available over the counter.	
<b>Benzodiazepines</b>	<i>Ativan, Halcion, Librium, Valium, Xanax</i> ; candy, downers, sleeping pills, tranks	Schedule IV drugs are available by prescription, may have five refills in 6 months, and may be ordered orally.	swallowed
<b>Sleep Medications</b>	<i>Ambien (zolpidem), Sonata (zaleplon), Lunesta (eszopiclone)</i> ; forget-me pill, Mexican Valium, R2, Roche, roofies, roofinol, rope, rophies	Schedule IV drugs are available by prescription, may have five refills in 6 months, and may be ordered orally.	swallowed, snorted

**Intoxication Effects** - Sedation/drowsiness, reduced anxiety, feelings of well-being, lowered inhibitions, slurred speech, poor concentration, confusion, dizziness, impaired coordination and memory

**Potential Health Consequences** - lowered blood pressure, slowed breathing, tolerance, withdrawal, addiction; increased risk of respiratory distress and death when combined with alcohol

**Also, for barbiturates** - euphoria, unusual excitement, fever, irritability/life-threatening withdrawal in chronic users

Opioids and Morphine Derivatives\*\*

Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
<b>Codeine</b>	<i>Empirin with Codeine, Fiorinal with Codeine, Robitussin A-C, Tylenol with Codeine; Captain Cody, Cody, schoolboy; (with glutethimide: doors &amp; fours, loads, pancakes and syrup)</i>	<p>Schedule II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering.</p> <p>Schedule III drugs are available by prescription, may have five refills in 6 months, and may be ordered orally.</p> <p>Some Schedule V drugs are available over the counter.</p>	injected, swallowed
<b>Morphine</b>	<i>Roxanol, Duramorph; M, Miss Emma, monkey, white stuff</i>	<p>Schedule II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering.</p> <p>Schedule III drugs are available by prescription, may have five refills in 6 months, and may be ordered orally.</p>	injected, swallowed, smoked
<b>Methadone</b>	<i>Methadose, Dolophine; fizzies,</i>	Schedule II drugs have a high potential for abuse. They	swallowed, injected



Opioids and Morphine Derivatives\*\*

Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
	amidone, (with MDMA: chocolate chip cookies)	require greater storage security and have a quota on manufacturing, among other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering.	
<b>Fentanyl &amp; analogs</b>	<i>Actiq, Duragesic, Sublimaze</i> ; Apache, China girl, China white, dance fever, friend, goodfella, jackpot, murder 8, TNT, Tango and Cash	Schedule II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering.	injected, smoked, snorted
<b>Other opioid pain relievers: Oxycodone HCL, Hydrocodone Bitartrate Hydromorphone, Oxymorphone, Meperidine, Propoxyphene</b>	<i>Tylox, Oxycontin, Percodan, Percocet</i> ; Oxy, O.C., oxycotton, oxycet, hillbilly heroin, percs <i>Vicodin, Lortab, Lorcet</i> ; Vike, Watson-387 <i>Dilaudid</i> ; juice, smack, D, footballs, dillies <i>Opana, Numporphan, Numorphone</i> ; biscuits, blue heaven, blues, Mrs. O, octagons, stop signs, O bomb <i>Demerol, meperidine hydrochloride</i> ;	Schedule II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering. Schedule III drugs are available by prescription, may have five refills in 6 months, and may be ordered orally.	chewed, swallowed, snorted, injected, suppositories

Opioids and Morphine Derivatives\*\*

Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
	demmys, pain killer <i>Darvon, Darvocet</i>	Some Schedule V drugs are available over the counter.	

**Intoxication Effects** - Pain relief, euphoria, drowsiness, sedation, weakness, dizziness, nausea, impaired coordination, confusion, dry mouth, itching, sweating, clammy skin, constipation

**Potential Health Consequences** - slowed or arrested breathing, lowered pulse and blood pressure, tolerance, addiction, unconsciousness, coma, death; risk of death increased when combined with alcohol or other CNS depressants

**Also for fentanyl** - 80-100 times more potent analgesic than morphine

**Also for oxycodone** - muscle relaxation/twice as potent analgesic as morphine; high abuse potential

**Also for codeine** - less analgesia, sedation, and respiratory depression than morphine

**Also for methadone** - used to treat opioid addiction and pain; significant overdose risk when used improperly

\*\* *Taking drugs by injection can increase the risk of infection through needle contamination with staphylococci, HIV, hepatitis, and other organisms. Injection is a more common practice for opioids, but risks apply to any medication taken by injection..*

Stimulants

Name	Examples of Commercial & Street Names	DEA Schedule	How Administered*
<b>Amphetamines</b>	<i>Biphetamine, Dexedrine, Adderall;</i> bennies, black beauties, crosses, hearts, LA turnaround, speed, truck drivers, uppers	Schedule II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering.	injected, swallowed, smoked, snorted
<b>Methylphenidate</b>	<i>Concerta, Ritalin;</i> JIF, MPH, R-ball, Skippy, the smart drug, vitamin R	Schedule II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among	injected, swallowed, snorted

Stimulants			
Name	Examples of <i>Commercial &amp; Street Names</i>	DEA Schedule	How Administered*
		other restrictions. Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering.	

**Intoxication Effects** - Feelings of exhilaration, increased energy, mental alertness

**Potential Health Consequences** - increased heart rate, blood pressure, and metabolism, reduced appetite, weight loss, nervousness, insomnia, seizures, heart attack, stroke

**Also, for amphetamines** - rapid breathing, tremor, loss of coordination, irritability, anxiousness, restlessness/delirium, panic, paranoia, hallucinations, impulsive behavior, aggressiveness, tolerance, addiction

**Also, for methylphenidate** - increase or decrease in blood pressure, digestive problems, loss of appetite, weight loss

Other Compounds			
Name	Examples of <i>Commercial &amp; Street Names</i>	DEA Schedule	How Administered*
<b>Dextromethorphan (DXM)</b>	<i>Found in some cough and cold medicines; Robotripping, Robo, Triple C</i>	Not scheduled	swallowed

**Intoxication Effects** - Euphoria, slurred speech

**Potential Health Consequences** - increased heart rate and blood pressure, dizziness, nausea, vomiting, confusion, paranoia, distorted visual perceptions, impaired motor function

**Notes** *Some of the health risks are directly related to the route of drug administration. For example, injection drug use can increase the risk of infection through needle contamination with staphylococci, HIV, hepatitis, and other organisms.*

\*\* *Associated with sexual assaults.*