



## ATHLETIC COACHING MINOR (12 Credit Hours)

The Athletic Coaching Minor provides students with a foundation of fundamental elements of the coaching profession, including rules & regulations, coaching techniques & philosophy, communication, motivation, physical training, planning & management, care & prevention of athletic injuries, first aid, and emergency care. The minor also provides the opportunity to earn a national coaching certification through the American Sport Education Program (ASEP) as well as certification as a West Virginia Secondary School Activities Commission (WVSSAC) Certified Coach – required in order to coach high school or middle school sports in the state of West Virginia.

### Athletic Coaching Minor Curriculum – Required Courses (12 Credits):

- **PE 320 Principles of Coaching** ..... *(Offered in fall semesters.)* ..... 3
- **PE 371 Compliance** ..... *(Offered in fall semesters.)* ..... 3
- **SDE 232 First Aid & Emergency Services** ..... *(Offered in fall & spring semesters.)* ..... 3
- **Any three (3) credits from the following:**..... 3
  - *EP 299 Basic Strength & Conditioning Principles* .....3
  - *HE 300 Nutrition and Physical Fitness* .....3
  - *PE 322 Org. & Administration of PE, Athletics, & Rec.* .....3
  - *PE 327 Coaching Youth Sports*.....1
  - *PE 328 Gender & Cultural Concepts in Coaching*.....1
  - *PE 329 Coaching Golf*.....1
  - *PE 331 Coaching Baseball/Softball*.....1
  - *PE 332 Coaching Football* .....1
  - *PE 333 Coaching Volleyball*.....1
  - *PE 334 Coaching Basketball*.....1
  - *PE 335 Sport Officiating*..... 1-2
  - *PE 336 Coaching Wrestling* .....1
  - *PE 337 Coaching Track & Field* .....1
  - *PE 338 Coaching Tennis* .....1
  - *PE 344 Coaching Soccer*.....1
  - *PE 354 Facilities Management in Sport* .....2
  - *PE 355 Sport Law* .....2
  - *PE 365 Psychology and Sociology of PE and Sport* .....2