



ATHLETIC COACHING MINOR (12 Credit Hours)

The Athletic Coaching Minor provides students with a foundation of fundamental elements of the coaching profession, including rules & regulations, coaching techniques & philosophy, communication, motivation, physical training, planning & management, care & prevention of athletic injuries, first aid, and emergency care. The minor also provides the opportunity to earn a national coaching certification through the American Sport Education Program (ASEP) as well as certification as a West Virginia Secondary School Activities Commission (WVSSAC) Certified Coach – required in order to coach high school or middle school sports in the state of West Virginia.

Athletic Coaching Minor Curriculum – Required Courses (12 Credits):

- **PE 320 Principles of Coaching** *(Offered in fall semesters.)* 3
- **PE 371 Compliance** *(Offered in fall semesters.)* 3
- **SDE 232 First Aid & Emergency Services** *(Offered in fall & spring semesters.)* 3
- **Any three (3) credits from the following:**..... 3
 - *EP 299 Strength & Conditioning Concepts*3
 - *HE 300 Nutrition and Physical Fitness*3
 - *PE 322 Org. & Administration of PE, Athletics, & Rec.*3
 - *PE 327 Coaching Youth Sports*.....1
 - *PE 328 Gender & Cultural Concepts in Coaching*.....1
 - *PE 329 Coaching Golf*.....1
 - *PE 331 Coaching Baseball/Softball*.....1
 - *PE 332 Coaching Football*1
 - *PE 333 Coaching Volleyball*.....1
 - *PE 334 Coaching Basketball*.....1
 - *PE 335 Sport Officiating*..... 1-2
 - *PE 336 Coaching Wrestling*1
 - *PE 337 Coaching Track & Field*1
 - *PE 338 Coaching Tennis*1
 - *PE 344 Coaching Soccer*.....1
 - *PE 354 Facilities Management in Sport*2
 - *PE 355 Sport Law*2
 - *PE 365 Psychology and Sociology of PE and Sport*2