

WLU Academic Maps

College	College of Education and Human Performance
Major	Health and Physical Education (Preschool-Adult)

Year 1	Semester 1 Fall	Hours	Semester 2 Spring	Hours
	EDUC 100-- Introduction to Education	1	ENG 102--College Composition II	3
	ENG 101-- College Composition I	3	SPED 241-- Intro to Exceptionalities OR EDUC 207-- Foundations of Education	3
	COM 101--Fundamentals of Oral Communication	3	Quantitative Reasoning General Education Elective	3-5
	History General Education Elective	3	Social Sciences General Education Elective	3
	Fine Arts General Education Elective	3		
	PE 120-- Introduction to Health and PE	1	SDE 232-- First Aid & Emergency Services OR SDE 252-- EMT	3
	PE 115-- Beginning Swimming OR PE 225-- Lifeguarding	1	PE 115-- Beginning Swimming OR PE 225-- Lifeguarding	1
	COLLEGE 101	2		
	Semester Hours	16 or 17	Semester Hours	15-18

Notes: PE 115 is offered fall only. PE 225 is offered spring only, and students are required to have proficient swimming skills applicable to American Red Cross level V. All students who do not meet the requirement should sign up for PE 115. Recommendation to complete Field 1 (15 hours) and Praxis CORE (Reading, Writing, Math tests). If EDUC 207 is taken, Field 2 (15 hours) is required.

Year 2	Semester 1 Fall	Hours	Semester 2 Spring	Hours
	Literature General Education Elective	3	SPED 241-- Intro to Exceptionalities OR EDUC 207-- Foundations of Education	3
	Humanities and Languages General Education Elective	3	Applied Reasoning General Education Elective	3
	PE 308-- Invasion & Diamond Games	3	Social Sciences General Education Elective	3
	PE 211-- Group Fitness Leadership	2	PE 317-- Net & Wall Games	3
	PE 258-- Motor Development	3	EP 325-- Exercise Physiology I	3
	PE 240-- Anatomy & Physiology	3	HE 300-- Nutrition & Fitness	3
	Semester Hours	17	Semester Hours	18

Notes: PE 308 is offered every other fall. PE 317 is offered every other spring. Recommendation to complete Field 1 (15 hours) and Praxis CORE (Reading, Writing, Math tests). If EDUC 207 is taken, Field 2 (15 hours) is required.

Year 3	Semester 1 Fall	Hours	Semester 2 Spring	Hours
	EDUC 290-- Instructional Technology	3	EDUC 301-- Educational Psychology	3
	HE 360-- Community Health	3	PE 452-- Adapted Physical Education	3
	Scientific Reasoning General Education Elective	4	HE 320-- Mental Health & Drug Use & Abuse	3
	PE 395-- Kinesiology	3	PE 365-- Psych & Soc of PE & Sport	2
	HE 466-- Health & Safety Methods & Materials Elementary	2	PE 321-- Assessment in PE	2
	PE 306-- Primary Movement	2	HE 468-- School Health Practicum	3
			HE 340-- Human Sexuality	3
	Semester Hours	17	Semester Hours	19

Notes: PE 306 is offered every other fall. HE 320 is offered every other spring. Completion of Field 1 and 2 as well as Praxis CORE required prior to enrollment in EDUC 301. Practicum 1 (30 hours) is required if enrolled in EDUC 301. It is strongly recommended to complete all Praxis II this year, prior to beginning Year 4.

Year 4	Semester 1 Fall	Hours	Semester 2 Spring	Hours
	EDUC 293-- Instructional Design Assessment for Middle/Secondary Ed	3	EDUC 409-- School Law & Organization	1
	EDUC 340-- Curr. & Methods in Specialization	3	EDUC 470-- Student Teaching Seminar	1
	EDUC 342-01-- M&M Lab for Health Education	1	EDUC 480-- Student Teaching in MCE	5
	EDUC 342-06-- M&M Lab for Physical Education	1	EDUC 484-- Student Teaching in AE	5
	READ 302-- Reading for Content Area	3		
	SPED 320-- Collaborative Techniques for Secondary Students with Exceptionalities	3		
	EDUC 309-- Practicum II	0		
	Semester Hours	14	Semester Hours	12

Notes: Fall and spring semester classes are co-requisites.