

2017-2018
4-year plan of study
Health and Physical Education
(Education Track)

*Fall Only

#Spring Only

<p>Fall-Freshman *PE 120 Intro to PE (1) ENG 101 Freshman English 1 (3) College 101 Freshman Experience (2) PE 115 Beginning Swim/PE 225 Lifeguarding (1) EDUC 100 Introduction to Education (1) PHYS 190/191 Physical World/lab (4) COM 101 Oral Communications (3) History (103,104, 210 or 211)</p> <p>(Field I) 18 hrs</p>	<p>Spring –Freshman ENG 102 Freshman English II (3) PE 240 Anatomy & Physiology (3) MATH 102 Natures of Math (3) BIO 105/106 Life Sci for non Major/lab (4) PE 258 Motor Development (2) SDE 232 First Aid & Emergency Services (3)</p> <p>18 hrs</p>
<p>Fall – Sophomore HE 300 Nutrition and Fitness (3) PE 395 Kinesiology (3) *PE 308 Invasion and diamond games (3) *PE 211 Group Fitness (2) EDUC 207 Foundations of Education (3) Fine Arts (Art, Music, Theater Appreciation) (3)</p> <p>(Field II) 17 hrs</p>	<p>Spring – Sophomore #PE 317 Net and wall game (3) EP 325 Exercise Physiology I (3) EDUC 290 Instructional Technology (3) SPED 241 Intro to Exceptionalities (3) PSYC 101 Intro to Psychology (3) #HE 320 Mental Health & Drug Abuse (3)</p> <p>18 hrs</p>
<p>Fall- Junior *PE 306 Primary Movements (2) *HE 340 Human Sexuality & the Family (3) *HE 360 Community Health (3) EDUC 301 Educational Psychology (3) (Must pass PRAXIS I to enroll) GEO 205 or 206 (3) EDUC 209 Practicum I (K)</p> <p>17 hrs</p>	<p>Spring – Junior #HE 370 Teaching Elementary Health (3) HE 468 School Health Instruction and Legalities (3) *PE 321 Assessment in PE (2) #PE 452 Adapted PE (2) #PE 365 Psychology and Sociology of PE and Sport (2) Fine Arts (Art, Music, Theater Appreciation) (3) ENG LIT (any Lit class with ENG prefix) (3)</p> <p>18 hrs</p>
<p>Fall – Senior M&M block (mush have passes the PRAXIS I) SPED 320 Collaboration Teaching of Secondary students with Special needs (3) READ 302 Content Reading (3) EDUC 293 Instructional Design (3) EDUC 340 M& M for secondary teachers (4) EDUC 342 M&M Lab for PE (1) EDUC 342 M&M Lab for HE (1)</p> <p>15 hrs</p>	<p>Spring – Senior Professional Semester Must have passed the PRAXIS II) EDUC 409 School Law & Organization (1) EDUC 470 Student teaching Seminar (1) EDUC 480 Student Teaching in ECE (0-2) EDUC 484 Student Teaching in MCE (0-10)</p> <p>12 hrs</p>