

Progress Sheet – B.S. Exercise Physiology

Please note: Student is responsible to meet requirements as outlined. The faculty advisor will offer assistance.

Name: _____ ID # _____ Catalog : _____

MAJOR COMPONENT (63 Credits)

Course Name	Dept	#	CR	SEM	Grade
Intro to Ex Phys	EP	125	1		
Basic Strength & Conditioning Pre: PE 240	EP	299	3		
Exercise Physiology I/Lab Pre: PE 240	EP	325/326	4		
Exercise Nutrition & Metabolism Pre: EP 325/326, HE 300	EP	333	3		
Sports Rehabilitation Pre: PE 240	EP	352	3		
Advanced Ex Phys/Lab Pre: EP 325/326	EP	448/449	4		
Biomechanics Pre: PE 240	EP	450	3		
Cardiac Rehab/Lab Pre: EP 448/449	EP	454	3		
Modification of Exercise Pre: EP 448/449	EP	455	3		
Theory of Ex Test & Pres. /Lab Pre: EP 448/449, 454, 455	EP	460/462	4		
Internship Pre: EP 448/449, 454, 455, Overall GPA of 2.5	EP	480	6		
First Aid & Safety or Emergency Med Tech	SDE	232 or 252	3		
Nutrition & Fitness	HE	300	3		
Beginner Swim OR Lifeguarding	PE	101 225	1		
Anatomy & Phys.	PE	240	3		
Motor Development	PE	258	2		
Tests & Measures	PE	326	2		
Kinesiology Pre: PE 240	PE	395	3		
Elementary Physics/Lab (Clinical) or Physical World (H&F)-Depends on Concentration	PHYS	101/110 or 190/191	4		
Intro to Statistics	MATH	160	3		
Pract. Computer Appl.	CIS	271	2		

GENERAL EDUCATION REQ (48 Credits)

Essential Skills (courses do not count toward graduation)

Develop English	ENG	075	0		
Develop Math	MATH	046	0		
Freshman Experience	COLL	101	2		

Communication (9 hours) & Math (3 hours)

Fresh English I Min grad of C required.	ENG	101	3		
Fresh English II Min grade of C required.	ENG	102	3		
Fund of Oral Comm. Min grade of C required.	COM	101	3		
Intro to Statistics	MATH	160	3		

Natural Sciences (8 hours)

Biological Principles/Lab Pre: MATH 046 of MATH ACT 19 or passing the ASSET test (Clinical) or Life Science (H&F)	BIO	124/125 or 105/106 125	4		
General Chemistry I/Lab Pre: Score of 23 on ACT Math or Instructor Permission (Clinical) or Foundations of Chemistry/Lab (H&F)	CHEM	110/111 or 100/101	4		

Social & Behavioral Sciences (12 hours)

History 103, 104, 210, or 211	HIS		3		
General Psychology	PSY	101	3		
Geography 205 or 206	GEO		3		
Basic concepts of Sociology	SOC	150	3		

Wellness/ Physical Education (4 hours)

Beginner Swim OR Lifeguarding	PE	101 225	1		
Nutrition & Fitness	HE	300	3		

Business & Economics (3 Hours)

Intro to Business	GBUS	140	3		
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Fine Arts/ Humanities (9 hours)

Any LITERATURE course with ENG prefix	ENG		3		
PHIL/ REL/ or foreign Language			3		
FA/ ART/ MUS			3		

Clinical (22 Credits)

COURSE NAME	DEPT	#	CR	SEM	GRADE
Essential Biomedical Terminology	BIO	210	3		
Human Anatomy & Physiology I/Lab Pre: BIO 124/125, CHEM 110/111	BIO	302/303	4		
Human Anatomy & Phys. II/Lab Pre: BIO 302/303;	BIO	328/334	4		
General Chemistry II/Lab Pre: CHEM 110/111	CHEM	112/113	4		
Elementary Physics II/Lab Pre: PHYS 101/110	PHYS	102/111	4		
Lifespan Development Pre: PSYC 101	PSYCH	252	3		

Health & Fitness (17 credits)

Mental Health/Drug Use & Abuse (Fall Only)	HE	320	3		
Community & Env. Health	HE	360	3		
Group Fitness Leadership	PE	211	2		
Lifespan Development Pre: PSYC 101	PSYCH	252	3		
Human Development Min grade of C req.	EDUC	201	3		
Intro to Exceptionalities Min grade of C req.	SPED	241	3		

Notice.

Exercise Physiology Majors must have a cumulative GPA of at least 2.5 and a minimum grade of "C" in all EP Major Component classes (63 Credits) in order to graduate. Students must have an overall GPA of 2.5 in order to register for Internship (EP 480).