

**Progress Sheet – B.S. Exercise Physiology**

Please note: Student is responsible to meet requirements as outlined. The faculty advisor will offer assistance.

Name: \_\_\_\_\_ ID # \_\_\_\_\_ Catalog : \_\_\_\_\_

**MAJOR COMPONENT (61 Hours)**

Course Name	Dept	#	CR	SEM	Grade
Intro to Ex Phys Pre: none	EP	125	1		
Basic Strength & Conditioning Pre: PE 240	EP	299	3		
Exercise Physiology I/Lab Pre: PE 240	EP	325/326	4		
Exercise Physiology II/Lab Pre: EP325/326	EP	448/449	4		
Biomechanics Pre: PE 240	EP	450	3		
Modification of Exercise Pre: EP 325/326, EP 448/449	EP	455	3		
Cardiac Rehab/Lab Pre: EP 325/326, EP 448/449	EP	454/456	4		
Theory of Ex Test & Pres. /Lab Pre: EP 325/326, EP 448/449, EP 454/456, EP 455, Senior Standing	EP	460/462	4		
Internship Pre: EP 325/326, EP 448/449, EP 454/456, 2.5 GPA overall,	EP	480	6		
First Aid & Safety Pre: none	SDE	232	3		
Nutrition & Fitness Pre: none	HE	300	3		
Beginner Swim OR Lifeguarding (Spring)	PE PE	101 225	1 1		
Group Fitness Leadership Pre: none	PE	211	2		
Anatomy & Phys. Pre: none	PE	240	3		
Motor Development Pre: none	PE	258	3		
Tests & Measures Pre: none	PE	326	2		
Kinesiology Pre: PE 240	PE	395	3		
Clinical: Elementary Physics/Lab (Fall) Pre: MATH 145 Health&Fitness: Elementary Physics/Lab (Fall) OR Physical World/Lab	PHYS PHYS	101/110 101/110 OR 190/191	4 4		
Intro to Statistics Pre: MATH 046	MATH	160	3		
Pract. Computer Appl. Pre: none	CIS	271	2		

**GENERAL EDUCATION REQ**

**Essential Skills (courses do not count toward graduation)**

Develop English	ENG	075	0		
Develop Math	MATH	046	0		
Freshman Experience	COLL	101	2		

**Communication (9 hours) & Math (3 hours)**

Fresh English I Min grad of C required.	ENG	101	3		
Fresh English II Min grade of C required.	ENG	102	3		
Fund of Oral Comm. Min grade of C required.	COM	101	3		
Clinical: Pre Calculus Health&Fitness: Statistics	MATH MATH	145 160	3 3		

**Natural Sciences (8 hours)**

Clinical: Biological Principles/ Lab Pre: MATH 046 or MATH ACT 19 or passing the ASSET test	BIO	124/125	4		
Health&Fitness: Biological Principles /Lab OR Life Science for Non Majors/Lab	BIO	124/125 OR 105/106	4		
Clinical: General Chemistry I/Lab Pre: CHEM 100/101 or High School Chemistry Health&Fitness: General Chemistry I/Lab OR Foundations of Chemistry/Lab	CHEM CHEM	110/111 110/111 OR 100/101	4 4		

**Social & Behavioral Sciences (12 hours)**

History 103, 104, 210, or 211	HIS		3		
General Psychology	PSYCH	101	3		
Geography 205 or 206	GEO		3		
Basic concepts of Sociology	SOC	150	3		

**Wellness/ Physical Education (4 hours)**

Beginner Swim OR Lifeguarding	PE PE	101 225	1 1		
Nutrition & Fitness	HE	300	3		

**Business & Economics (3 hours)**

Intro to Business	GBUS	140	3		
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**Fine Arts/ Humanities (9 hours)**

Any LITERATURE course with ENG prefix	ENG		3		
PHIL/ REL/ or foreign Language			3		
FA/ ART/ MUS			3		

**Clinical (24 Hours)**

COURSE NAME	DEPT	#	CR	SEM	GRADE
Sports Rehabilitation Pre: PE 240	EP	352	2		
Essential Biomedical Terminology (Spring)	BIO	210	3		
Human Anatomy & Physiology I Pre: BIO 124/125, CHEM 110/111	BIO	302	3		
Human Anatomy & Physiology I LAB	BIO	303	1		
Human Anatomy & Phys. II (Fall) Pre: BIO 124/125, CHEM 110/111, BIO 302/303	BIO	328	3		
Human Anatomy & Phys II LAB (Fall)	BIO	334	1		
General Chemistry II Pre: CHEM 110/111	CHEM	112	3		
General Chemistry II LAB	CHEM	113	1		
Elementary Physics II Pre: PHYS 101/110 (Spring)	PHYS	102	3		
Elementary Physics LAB (Spring)	PHYS	111	1		
Lifespan Development (Fall) Pre: PSYCH 101	PSYCH	252	3		

**Health & Fitness (19 Hours)**

Community & Env. Health Pre: none	HE	360	3		
Mental Health/Drug Use & Abuse (Fall) Pre: none	HE	320	2		
Current Health Issues Seminar (Spring) Pre: none	HE	470	1		
Care & Prevention of Athletic Injuries (Fall) Pre: PE 240	EP	342	2		
Sports Rehabilitation Pre: PE 240	EP	352	2		
Lifespan Development (Fall) Pre: PSYCH 101	PSYCH	252	3		
Human Development Pre: none Min grade of C req.	EDUC	201	3		
Intro to Exceptionalities Pre: none Min grade of C req.	SPED	241	3		

**Notice**

**Total hours must be at least 120 hours for graduation.**

*In order to remain in the Exercise Physiology program, students must maintain a 2.5 cumulative grade point average with at least a C average in all required coursework in the EP major component.*

**Sport & Business (28 Hours)**

Intro to sports management (Fall)	PE	124	1		
Organization & Administration Pre: Junior	PE	322	1		
Practicum in Sports Information	PE	324	2		
Mass Communication Media	COMM	211	3		
Legal Business Environment I	GBUS	344	3		
Principles of Financial Accounting	ACCT	224	3		
Principles of Marketing Pre: GBUS 140	MKT	331	3		
Consumer Behavior Pre: MKT 331	MKT	340	3		
Principles of Management	MGT	350	3		
Sports Management & Marketing Pre: MGT 350 & MKT 331	MGT	470	3		
Business Statistics	GBUS	280	3		