

2011-2012  
 PLAN OF STUDY  
 SPECIALIZATION IN PHYSICAL EDUCATION & HEALTH EDUCATION  
 PRE-K THROUGH ADULT

\* FALL/SPRING class only # course requires a field experience in a school

FRESHMAN YEAR

FALL		SPRING	
CLASS	HRS	CLASS	HRS
ENG 101 Freshman English I	3	ENG 102 Freshman English II	3
College 101 Freshman Experience	2	PHYS 190/191 Physical World/Lab	4
BIO 105/106 Life Sci for Non Major/Lab	4	COM 101 Oral Communications	3
#EDUC 100 Introduction to Education	1	EDUC 201 Human Development	3
*HE 150 Introduction to Health Ed	3	*PE 102 Dance	1
*PE 108 Team Sports	2	*PE 109 Lifetime and Dual Sports	2
*PE 120 Introduction to Physical Ed	2	PE 211 Group Fitness Leadership	2
<b>TOTAL</b>	<b>18</b>	<b>TOTAL</b>	<b>18</b>

SUMMER

HIST 103, 104, 210, 211 <b>OR</b> GEO 205, 206 <b>OR</b> SOC 150 <b>HIST, GEO, and SOC are offered on line in the summer and during each semester.</b> <b>These classes may also be added to semester hours instead of summer.</b>	3 HRS
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SOPHOMORE YEAR

FALL		SPRING	
CLASS	HRS	CLASS	HRS
MATH 102, 140, 145, 160, or 210	3	#EDUC 301 Educational Psychology	3
#EDUC 207 Foundations of Ed	3	EDUC 290 Instructional Technology	3
PSYCH 101 General Psychology	3	Fine Arts (Art, Music, Theater Apprec)	3
*HE 320 Mental Health/Drug Use	2	*PE 280 Camping & Outdoor Leis Purs	1
*HE 360 Community Health	3	PE 258 Motor Development	3
*PE 101 Beginner Swim	1	PE 395 Kinesiology	3
*PE 117 Individual & Rec Sports	1	*PE 322 Org & Ad of PE, Intram, & Ath	1
PE 240 Anatomy & Physiology	3	*PE 365 Psych & Soc of PE	2
<b>TOTAL</b>	<b>19</b>	<b>TOTAL</b>	<b>19</b>

SUMMER

HIST 103, 104, 210, 211 <b>OR</b> GEO 205, 206 <b>OR</b> SOC 150 <b>HIST, GEO, and SOC are all offered on line in the summer and during each semester.</b> <b>These classes may also be added to semester hours instead of summer.</b>	3HRS
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JUNIOR YEAR

FALL		SPRING	
CLASS	HRS	CLASS	HRS
#EDUC 293 Instructional Design	3	EDUC 302 Content Reading ( <b>MUST HAVE PASSED PRAXIS I</b> )	3
SPED 241 Intro to Exceptionalities	3	#*EDUC 373 C&M in Health Education	3
SDE 232 First Aid & Emergency Services	3	*HE 370 Teaching Elementary Health	3
*HE 340 Human Sexuality	2	*HE 468 School Health: Instruc & Legal	4
*PE 320 Principles Of Coaching	1	*HE 470 Current Health Issues	1
PE 326 Tests & Measurements	2	PE Elective	2
PE 345 Physiology of Exercise I	3	*PE 452 Adapted PE	2
PE Elective	1		
<b>TOTAL</b>	<b>18</b>	<b>TOTAL</b>	<b>18</b>

SUMMER

HIST 103, 104, 210, 211 <b>OR</b> GEO 205, 206 <b>OR</b> SOC 150 <b>HIST, GEO, and SOC are all offered on line in the summer and during each semester.</b> <b>These classes may also be added to semester hours instead of summer.</b>	3 HRS
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SENIOR YEAR

FALL		SPRING: Professional Semester	
CLASS	HRS	CLASS	HRS
Fine Arts (Art, Music, Theater Apprec)	3	EDUC 409 School Law & Organization	1
SPED 320 Collaborative Planning	3	EDUC 470 Student Teaching Seminar	1
ENG LIT (any Lit class with ENG prefix)	3	EDUC 480 Student Teaching in ECE	0-2
#*EDUC 369 C&M of Physical Educ	3	EDUC 482 Student Teaching in AE	0-10
*PE 106 Primary Movements	2		
PE 325 Practicum in PE	1		
HE 300 Nutrition & Fitness	3		
<b>TOTAL</b>	<b>18</b>	<b>TOTAL</b>	<b>12</b>