

**WEST LIBERTY UNIVERSITY**  
**DEPARTMENT OF HEALTH & HUMAN PERFORMANCE**  
**2011 – 2012**

NAME \_\_\_\_\_  
 HOME ADDRESS \_\_\_\_\_  
 \_\_\_\_\_

DATE ENROLLED \_\_\_\_\_  
 SECOND FIELD \_\_\_\_\_  
 ADVISOR \_\_\_\_\_

**HEALTH EDUCATION REQUIREMENTS: 42 CREDIT HOURS REQUIRED**

COURSE Students must earn a GPA of 2.5 or higher for all courses listed.	CREDIT HOURS	GRADE	SEMESTER TAKEN
HE 150 Introduction to Health Education	3		
HE 300 Nutrition and Fitness	3		
HE 320 Mental Health & Drug Use and Abuse	2		
HE 340 Human Sexuality and the Family	2		
HE 360 Community and Environmental Health	3		
HE 468 School Health: Instruction & Legalities	4		
HE 470 Current Health Issues Seminar	1		
SDE 232 First Aid & Emergency Services	3		
PE 211 Group Fitness Leadership <b>OR</b> PE 101 Beginner Swim & PE 117 Individual & Recreational Sports	2		
PE 240 Anatomy & Physiology	3		
PE 258 Motor Development	3		
PE 326 Tests, Measurements, and Research Design	2		
PE 395 Kinesiology	3		
PE 452 Adapted Physical Education	2		
HE 370 Teaching Elementary Health Ed. <b>OR</b> GERO 300 Prevention & Healthy Aging	3		
PSYCH 101 Introduction to Psychology	3		
EDUC 373 C & M in Health Education (Prerequisite: Passing scores on Praxis I)	3		

General studies, professional education and electives to total 128 hours. A second specialization is strongly recommended.

Prior to the start of the Professional Semester, **all** education majors must submit and present a professional portfolio **including passing scores for all required state certification tests for each endorsement area** in which they intend to student teach. The Director of Student Teaching **must** approve portfolios **prior to the start** of the Professional Semester. Students who have not passed all appropriate tests and/or do not present an approved portfolio prior to the start of the Professional Semester **will not be permitted to register for professional semester courses or student teaching.**

**Students must have a 2.5 GPA overall and in each specialization to student teach.**