

Progress Sheet – B.S. Exercise Physiology

Please note: Student is responsible to meet requirements as outlined. The faculty advisor will offer assistance.

Name: _____ ID # _____ Catalog : _____

MAJOR COMPONENT

Course Name	Dept	#	CR	SEM	Grade
Intro to Ex Phys (Fall) Pre: none	EP	125	1		
Basic Strength & Conditioning (Spring) Pre: PE 345	EP	299	3		
Exercise Physiology I/Lab Pre: PE 240	EP	325/326	4		
Advanced Ex Phys/Lab Pre: EP325/326	EP	448/449	4		
Biomechanics Pre: PE 240	EP	450	3		
Modification of Exercise Pre: PE 325/326	EP	455	3		
Cardiac Rehab/Lab Pre: PE 325/326	EP	454/456	4		
Theory of Ex Test & Pres. /Lab Pre: PE 325/326 and 448/449	EP	460/462	4		
Internship	EP	480	6		

First Aid & Safety Pre: none	SDE	232	3		
Nutrition & Fitness Pre: none	HE	300	3		
Beginner Swim OR Lifeguarding (Spring)	PE	101	1		
	PE	225	1		
Group Fitness Leadership Pre: none	PE	211	2		
Anatomy & Phys. Pre: none	PE	240	3		
Motor Development Pre: none	PE	258	3		
Tests & Measures (Fall & Spring) Pre: a math course	PE	326	2		
Kinesiology Pre: PE 240	PE	395	3		
Elementary Physics and LAB (Fall) Pre: Math 145	PHYS	101	3		
		& 110	1		
Intro to Statistics (Fall & Spring) Pre: MATH 046	MATH	160	3		
Pract. Computer Appl. Pre: none	CIS	271	2		

GENERAL EDUCATION REQ

Essential Skills (courses do not count toward graduation)

Develop English	ENG	075	0		
Develop Math	MATH	046	0		
Freshman Experience	COLL	101	2		

Communication (9 hours) & Math (3 hours)

Fresh English I (Fall) Min grad of C required.	ENG	101	3		
Fresh English II (Spring) Min grade of C required.	ENG	102	3		
Fund of Oral Comm. (Fall & Spring) Min grade of C required.	COM	101	3		
Pre Calculus (Fall & Spring) Pre: MATH 140 or MATH ACT 20 or SAT equivalent	MATH	145	3		

Natural Sciences (8 hours)

Biological Principles and Lab Pre: MATH 046 of MATH ACT 19 or passing the ASSET test (Spring & Fall)	BIO	124 & 125	3 & 1		
General Chemistry I/and Lab (Fall) Pre: CHEM 100/101 or High School Chemistry	CHEM	110 & 111	3 & 1		

Social & Behavioral Sciences (12 hours)

History 103, 104, 210, or 211	HIS		3		
General Psychology	PSY	101	3		
Geography 205 or 206	GEO		3		
Basic concepts of Sociology	SOC	150	3		

Wellness/ Physical Education (4 hours)

Beginner Swim OR Lifeguarding	PE	101 & 225	1 & 1		
Nutrition & Fitness	HE	300	3		

Business & Economics (3 Hours)

Intro to Business	GBUS	140	3		
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Fine Arts/ Humanities (9 hours)

Any LITERATURE course with ENG prefix	ENG		3		
PHIL/ REL/ or foreign Language			3		
FA/ ART/ MUS			3		

Clinical (24 hours)

COURSE NAME	DEPT	#	CR	SEM	GRADE
Sports Rehabilitation (Fall)	EP	352	2		
Essential Biomedical Terminology (Spring)	BIO	210	3		
Human Anatomy & Physiology I (Fall) Pre: BIO 124/125, CHEM 110/111, CHEM 112/113	BIO	302	4		
Human Anatomy & Physiology LAB (fall)	BIO	303	0		
Human Anatomy & Phys. II/Lab (Spring) Pre: BIO 124/125; CHEM 112/113; CHEM 110/111	BIO	328	4		
General Chemistry II Pre: CHEM 110/111 (spring)	CHEM	112	3		
General Chemistry LAB (spring)	CHEM	113	1		
Elementary Physics II Pre: PHYS 101/110 (spring)	PHYS	102	3		
Elementary Physics LAB (spring)	PHYS	111	1		
Lifespan Development	PSYCH	252	3		

Health & Fitness (19 credits)

Community & Env. Health (fall) Pre: none	HE	360	3		
Mental Health/Drug Use & Abuse (fall) Pre: none	HE	320	2		
Current Health Issues Seminar (spring) Pre: none	HE	470	1		
Care & Prevention of Athletic Injuries Pre: PE 240	EP	342	2		
Sports Rehabilitation Pre: none	EP	352	2		
Lifespan Development	PSYCH	252	3		
Human Development (spring) Pre: none Min grade of C req.	EDUC	201	3		
Intro to Exceptionalities (fall) Pre: none Min grade of C req.	EDUC	241	3		

Notice

Total hours must be at least 128 hours for graduation.

Exercise Physiology Majors must have a cumulative GPA of at least 2.5 in order to register for internship.

Sport & Business (28 Hours)

Intro to sports management (Fall)	PE	124	1		
Organization & Administration Pre: Junior	PE	322	1		
Practicum in Sports Information	PE	324	2		
Mass Communication Media	COMM	211	3		
Legal Business Environment I	GBUS	344	3		
Principles of Financial Accounting	ACCT	224	3		
Principles of Marketing Pre: GBUS 140	MKT	331	3		
Consumer Behavior Pre: MKT 331	MKT	340	3		
Principles of Management	MGT	350	3		
Sports Management & Marketing Pre: MGT 350 & MKT 331	MGT	470	3		
Business Statistics	GBUS	280	3		