

2010-2011
 PLAN OF STUDY
 SPECIALIZATION IN PHYSICAL EDUCATION & HEALTH EDUCATION
 PRE-K THROUGH ADULT

* FALL/SPRING class only # course requires a field experience in a school

FRESHMAN YEAR

FALL		SPRING	
CLASS	HRS	CLASS	HRS
ENG 101 Freshman English I	3	ENG 102 Freshman English II	3
College 101 Freshman Experience	2	PHYS 190/191 Physical World/Lab	4
BIO 105/106 Life Sci for Non Major/Lab	4	COM 101 Oral Communications	3
#EDUC 100 Introduction to Education	1	EDUC 201 Human Development	3
*HE 150 Introduction to Health Ed	3	*PE 102 Dance	1
*PE 108 Team Sports I	2	*PE 109 Team Sports II	2
*PE 120 Introduction to Physical Ed	2	PE 211 Group Fitness Leadership	2
TOTAL	18	TOTAL	18

SUMMER

HIST 103, 104, 210, 211 OR GEO 205, 206 OR SOC 150 HIST, GEO, and SOC are offered on line in the summer and during each semester. These classes may also be added to semester hours instead of summer.	3 HRS
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SOPHOMORE YEAR

FALL		SPRING	
CLASS	HRS	CLASS	HRS
MATH 102, 140, 145, 160, or 210	3	EDUC 290 Instructional Technology	3
#EDUC 207 Foundations of Ed	3	#EDUC 293 Instructional Design	3
PSYCH 101 General Psychology	3	Fine Arts (Art, Music, Theater Apprec)	3
*HE 320 Mental Health/Drug Use	2	*PE 280 Camping & Outdoor Leis Purs	1
*HE 360 Community Health	3	PE 258 Motor Development	3
*PE 101 Beginner Swim	1	PE 395 Kinesiology	3
*PE 117 Individual & Rec Sports	1	*PE 322 Org & Ad of PE, Intram, & Ath	1
PE 240 Anatomy & Physiology	3	*PE 365 Psych & Soc of PE	2
TOTAL	19	TOTAL	19

SUMMER

HIST 103, 104, 210, 211 OR GEO 205, 206 OR SOC 150 HIST, GEO, and SOC are all offered on line in the summer and during each semester. These classes may also be added to semester hours instead of summer.	3HRS
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JUNIOR YEAR

FALL		SPRING	
CLASS	HRS	CLASS	HRS
#EDUC 301 Educational Psychology	3	EDUC 302 Content Reading (MUST HAVE PASSED PRAXIS I)	3
SPED 241 Intro to Exceptionalities	3	#*EDUC 373 C&M in Health Education	3
SDE 232 First Aid & Emergency Services	3	Fine Arts (Art, Music, Theater Apprec)	3
*HE 340 Human Sexuality	2	*HE 468 School Health: Instruc & Legal	4
*PE 320 Principles Of Coaching	1	*HE 470 Current Health Issues	1
PE 326 Tests & Measurements	2	PE Elective	2
PE 345 Physiology of Exercise I	3	*PE 452 Adapted PE	2
PE Elective	1		
TOTAL	18	TOTAL	18

SUMMER

HIST 103, 104, 210, 211 OR GEO 205, 206 OR SOC 150 HIST, GEO, and SOC are all offered on line in the summer and during each semester. These classes may also be added to semester hours instead of summer.	3 HRS
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SENIOR YEAR

FALL		SPRING: Professional Semester	
CLASS	HRS	CLASS	HRS
*GERO 300 Prevention & Healthy Aging	3	EDUC 409 School Law & Organization	1
SPED 320 Collaborative Planning	3	EDUC 470 Student Teaching Seminar	1
ENG LIT (any Lit class with ENG prefix)	3	EDUC 480 Student Teaching in ECE	0-2
#*EDUC 369 C&M of Physical Educ	3	EDUC 482 Student Teaching in AE	0-10
*PE 106 Primary Movements	2		
PE 325 Practicum in PE	1		
HE 300 Nutrition & Fitness	3		
TOTAL	18	TOTAL	12