

KATRINA VALENTINE

CREATIVE PORTFOLIO

HELLO FRIENDS

I'M KATRINA

And I'm so excited to share with you my artist
portfilio.





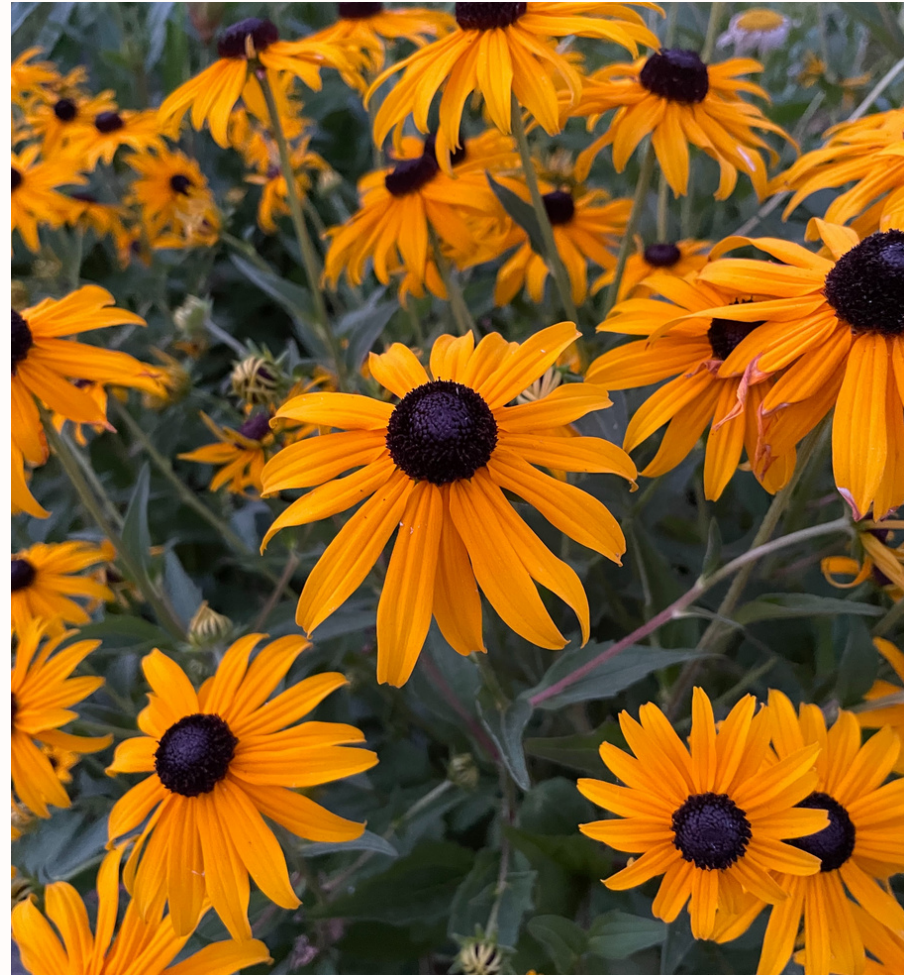
ARTIST STATEMENT

Art has always been a part of my life, but when I started my undergraduate degree, I stopped creating for almost ten years. Returning to art has felt like returning to myself. Choosing to pursue a master's degree in Art Therapy and Counseling wasn't only about wanting to help people heal through creative expression, it was also a commitment to living a more creative life of my own.

Right now, I'm still discovering my artistic voice and learning what feels true to me. I love experimenting with different mediums and letting myself play and make mistakes. Painting is where I feel most at home, and I'm excited to begin learning oil painting next. I'm also drawn to anything involving clay, especially figure sculpting, where form and emotion can be held in three-dimensional space.

My artmaking process is both grounding and expressive. It allows me to reconnect with imagination and emotion! Through texture, color, and movement, I explore themes of identity, healing, and the complexity of being human. Creating art again has opened space for joy, and it continues to shape both my personal journey and my work as a future art therapist.

PROFESSIONAL ASPIRATIONS



As an emerging art therapist, my goal is to support individuals through creativity, connection, and compassion. I am especially drawn to working with:

- Adults with developmental disabilities
- Older adults and individuals with dementia
- Cancer patients both children and adults
- Children and adolescents needing emotional support

My practicum at Radiant Community Arts strengthened my passion for inclusive, community-centered work. Supporting people of all abilities and backgrounds, has shaped how I view therapeutic spaces. I hope to bring this inclusive, affirming approach into my career.

WOMAN

Acrylic on 16X20 Canvas Paper





STILL LIFE

Acrylic on 16X20 Canvas Paper

THE BIRD

Acrylic on 16X20 Canvas Paper





CHIEF

Acrylic on 16X20 Canvas

RAKU FIRING

I had never done a raku firing before, and the experience was incredible. I found the whole process exciting and surprisingly fun. It's definitely something that requires an open mind, because you can't expect the final piece to look a certain way, you truly never know how it will turn out. That unpredictability is part of what makes it so enjoyable. I would love to do it again!



POTTERY

This green matcha bowl is one of my newest pottery creations, made specifically for my morning matcha. I have a friend who is an excellent pottery maker and has a kiln, and we have been getting together to create and experiment with pottery. I had a lot of fun making this bowl and painting it with glaze. I especially enjoyed watching the colors come together during the glazing process. I was really happy with how the final piece turned out—the soft green colors, polka dots, and simple lines give it a refreshing and playful feel. It has become a meaningful piece because it combines my love of creativity with a small part of my everyday morning routine.



FIGURE SCULPTURE



DIGITAL ART



THANK YOU

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