



Artist Statement:

My journey as an artist is rooted in resilience, transformation, and the belief that creativity can help us heal. Growing up, I was often homeless, and our extreme poverty taught me to recognize possibility in places others might overlook. Art became a form of therapy, a consistent safe space where I could process difficult experiences, express emotions, and transform struggle into something meaningful.

This perspective continues to shape my work today. I am especially drawn to recycled art, using discarded, forgotten, or overlooked materials and ideas to create something new. These materials represent more than sustainability to me; they symbolize the potential for renewal. Something that has been dismissed or considered without value can be reimaged, given purpose, and appreciated again.

After losing my job during the economic downturn in 2008, I faced another period of uncertainty and reinvention. That experience ultimately redirected my life toward teaching art and discovering a deeper purpose for my creativity. As an educator, I now have the opportunity to encourage others to explore their own voices through art.

My continued interest in learning about art therapy reflects my desire to help others experience creativity as I have—as a powerful pathway toward expression, resilience, connection, and healing.

Art Examples:





















