

# Graduate Portfolio

A Collection of Works





## About the Artist

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“THE LAND THAT SHAPES MY BLOODLINE IS CALLED TURTLE ISLAND. THERE HAVE BEEN MANY LANDS THAT HAVE HOUSED MY DISTANT ANCESTORS. I YEARN FOR THE LIBERATION OF ALL PEOPLES, AND I AM COMMITTED TO GROWING IN ANTIRACISM AND EQUITY FOR THE BENEFIT OF ALL BEINGS ON THIS PLANET. I AM RESPONSIBLE FOR USING MY ART AND ACTIVISM AS A TOOL FOR LIBERATION, AND I VALUE DEEPLY BUILDING AND CONNECTING COMMUNITY.”

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JESSICA SNOW | SHE, HER, THEIRS



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A multigenerational inhabitant of the lands known as Turtle Island, Jessica grew up in the suburbs of the “experimental garden for Radical plants (Asch & Musgrove, 2017),” and their work in the healing arts centers community engagement with a focus on social justice. An ordained minister through the Universal Life Church, Jessica has completed over 500 hours of study in yoga as therapy, with a background in Ayurveda. They are trained in VaihAyasa Aerial Yoga, Polarity Therapy, and as a perpetual student, Jessica has been studying herbalism and wildcrafting medicines for over a decade. Their spiritual philosophies combine the 8 Limbs of Yoga with the 10+2 Principles of Burning Man, and their work in mental health combines the diversity of expressive therapies with the deeply rooted values of humanistic psychology. As a clinician Jessica has worked with many individuals both one-on-one and in groups. As an educator, they have composed multi-session lesson plans, hosted training sessions, and lectured in various environments from informal classrooms to public assembly halls.



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Since stepping into the healing arts, Jessica has devoted their free time and resources to building social change and making healing arts available to the public. One of Jessica's primary goals is to facilitate greater equity in the healing arts, and the financial barriers that often arise in access for populations struggling with poverty inspired Jessica to realign their private practice. Jessica has organized free community yoga offerings, educational retreats at low or no cost, and volunteered countless hours as a healing artist and social activist within the DC metro area. Their passions include plants, photography, artistic bodyscapes, churches across all denominations, traveling to the west, eating vegan food, the mountains, the ocean, and long rides on public transportation. Jessica believes that art lives within each person on this planet, no matter their age or ability, and connecting in community and creativity is where we will find the depths of our healing.

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Materials: charcoal and colored pencil on paper





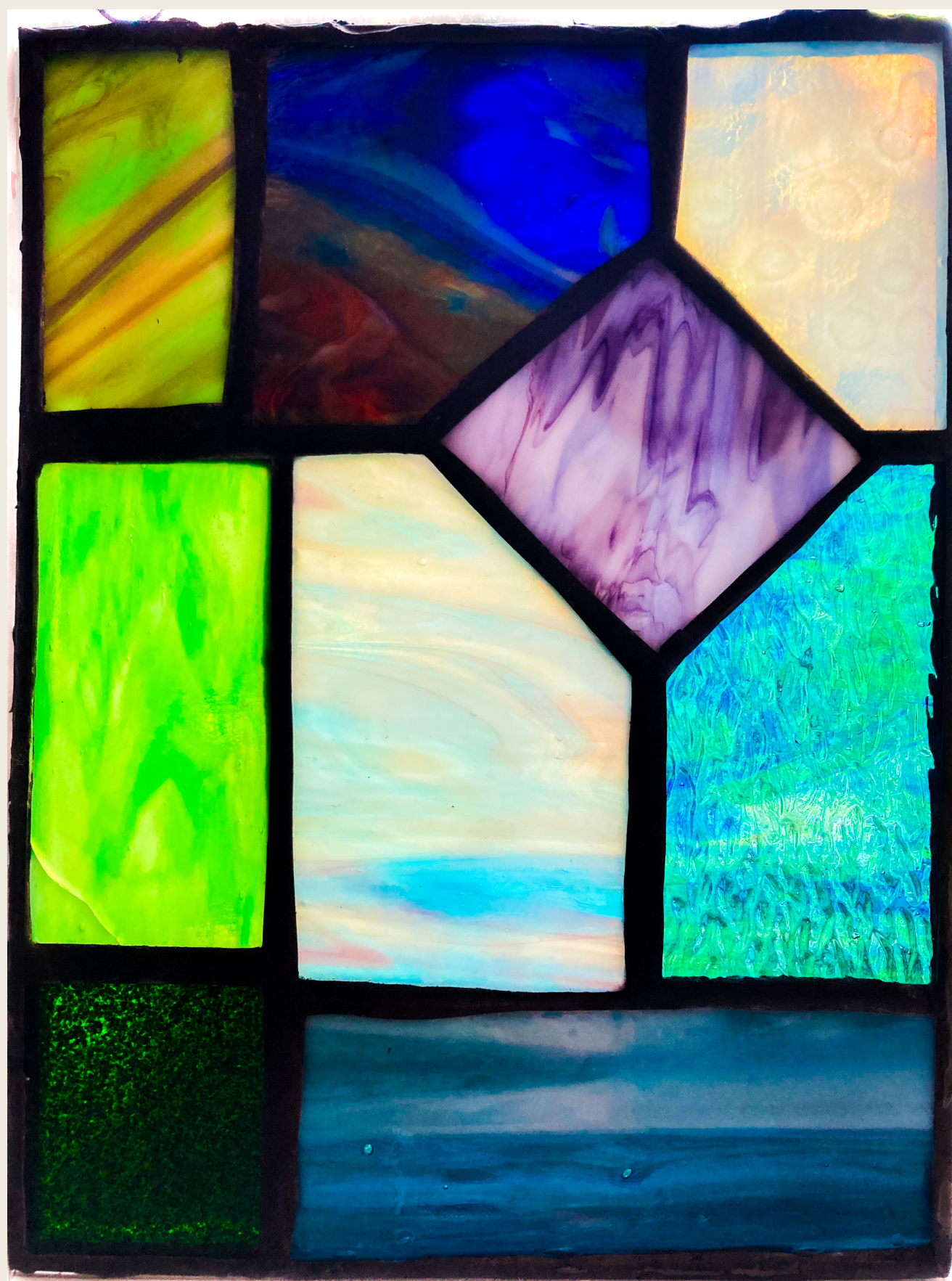
Materials: plasticine





Materials: copper wire, bottle caps, resin, found objects





Materials: Glass, Copper Foil, Solder





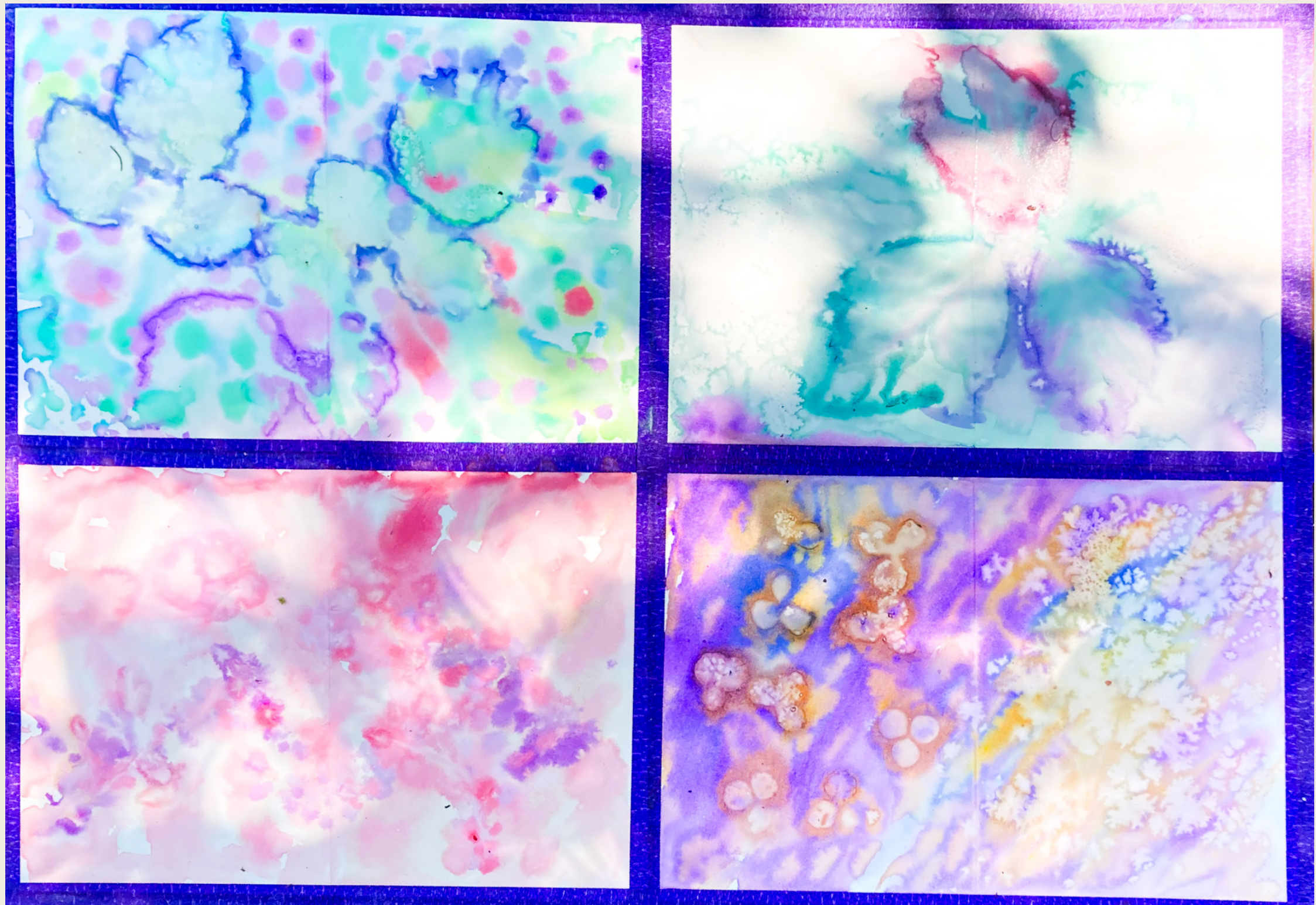
Materials: Glass, Shell, Copper Foil, Tinned Copper Wire, Solder, Plasticine





Materials: pressed flowers, tape, parchment paper





Materials: watercolor and organic matter on paper





Materials: Freemix digital collage

reduce reuse recycle  
repair repurpose  
restore replant repeat



TOGETHER WE RISE

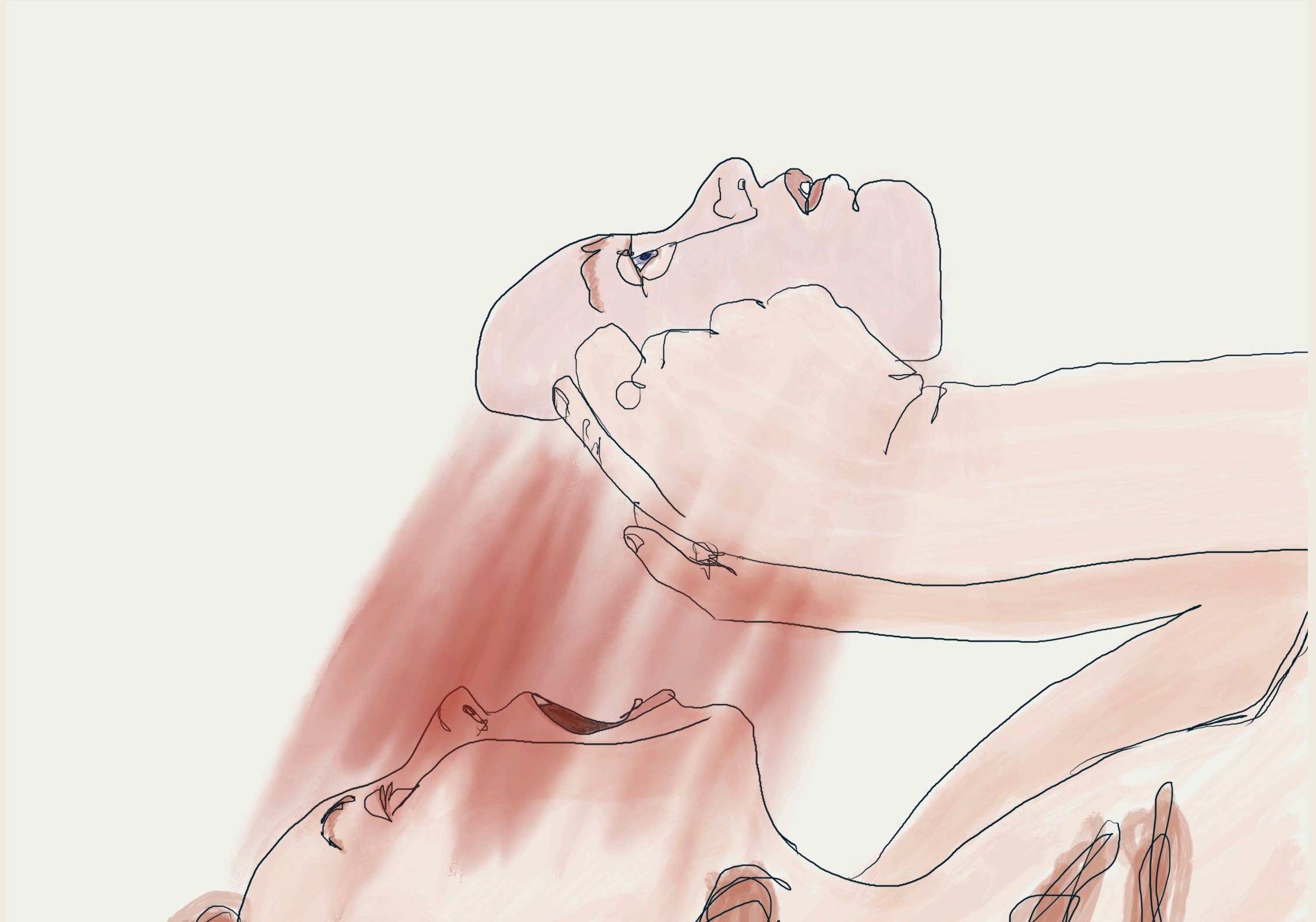
Materials: Procreate, Photoshop





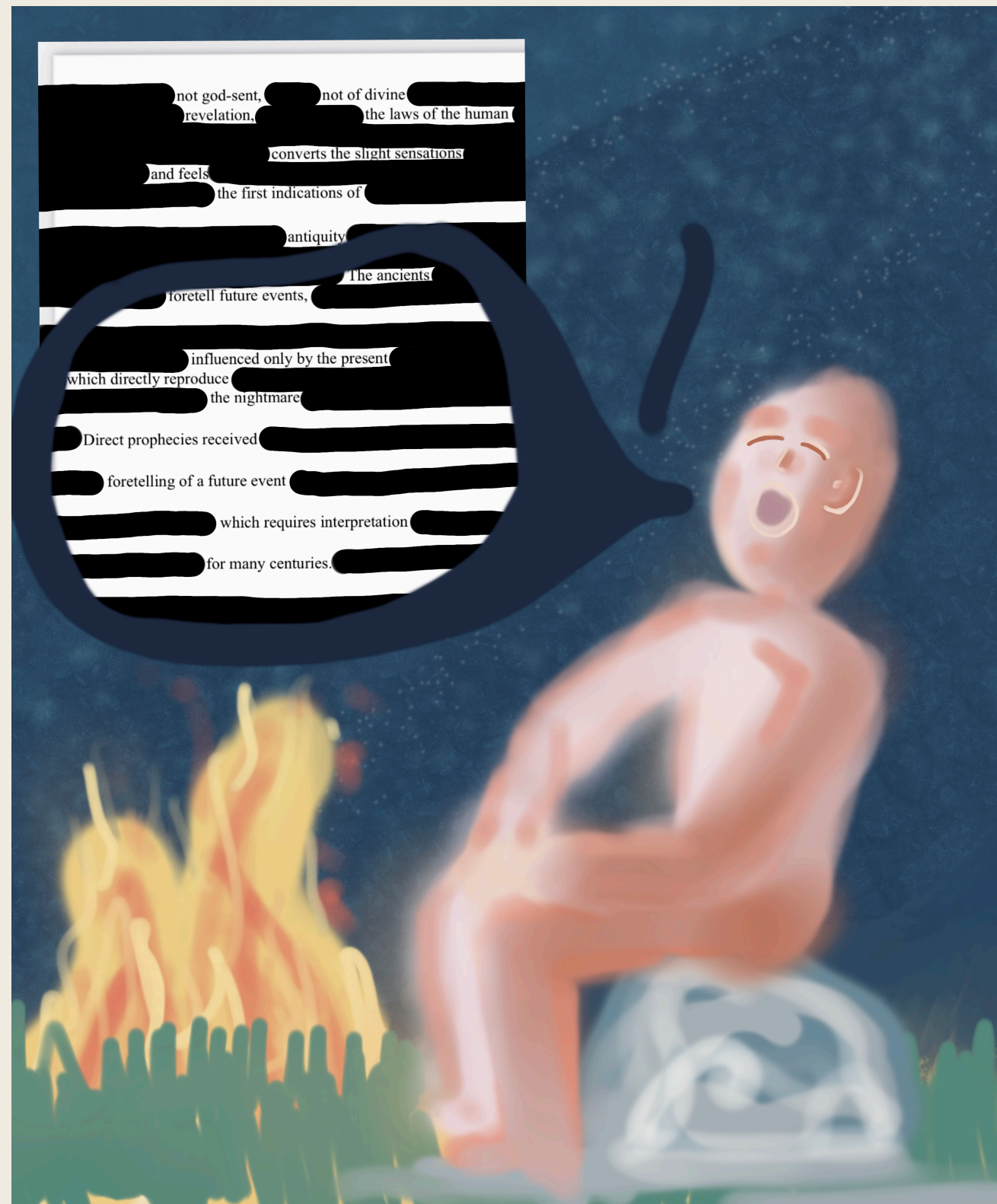
Materials: Procreate and photography





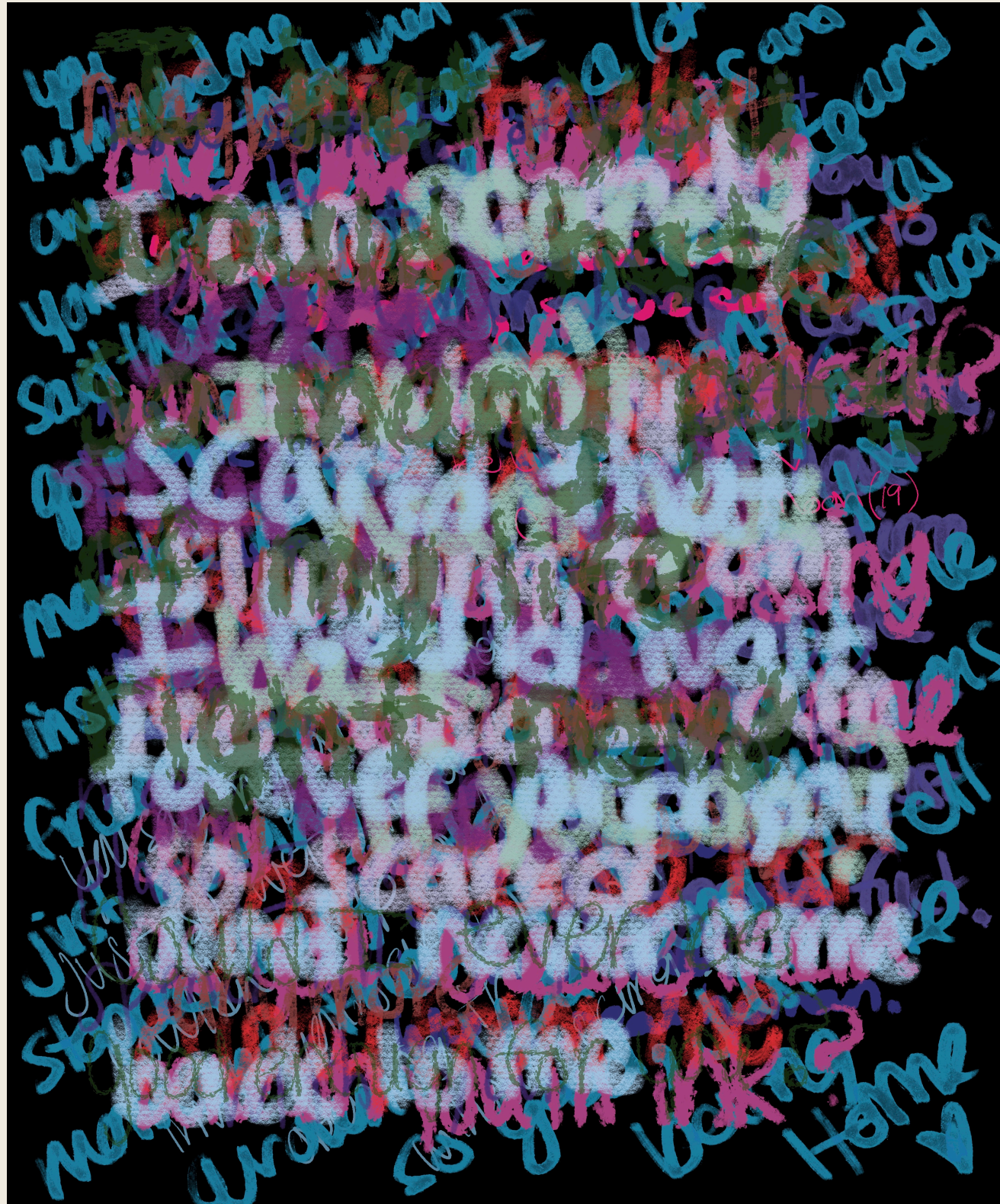
Materials: Procreate





Materials: Procreate





Materials: Procreate





Collaborative artwork created with Sarel Lehyani via Procreate on October 19, 2024





## **Contact the Artist**

- [manifestyourowndestiny@gmail.com](mailto:manifestyourowndestiny@gmail.com)
  - @Blessica\_Om
  - 240-459-3272
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