

West Liberty Phototherapy workshop with Tammy  
(Dr. Tamar Einstein)  
August 25, 2024



Image 1



Image 2



Image 3

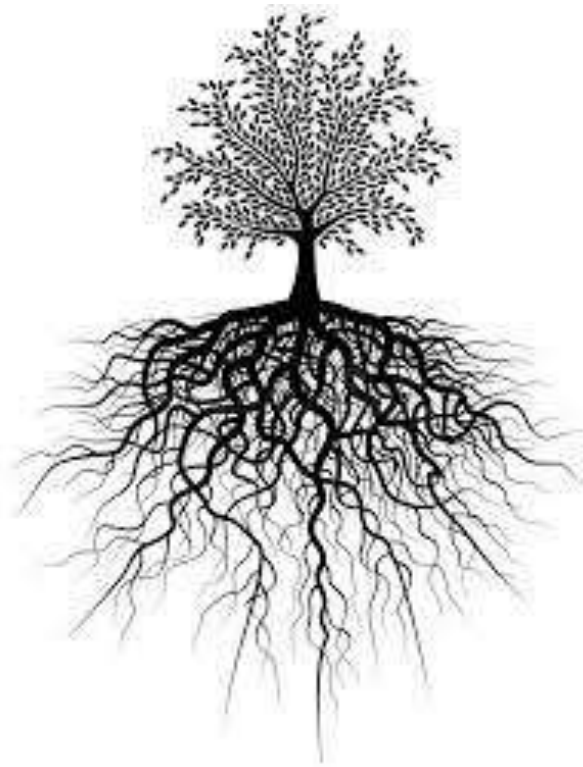


Image 4

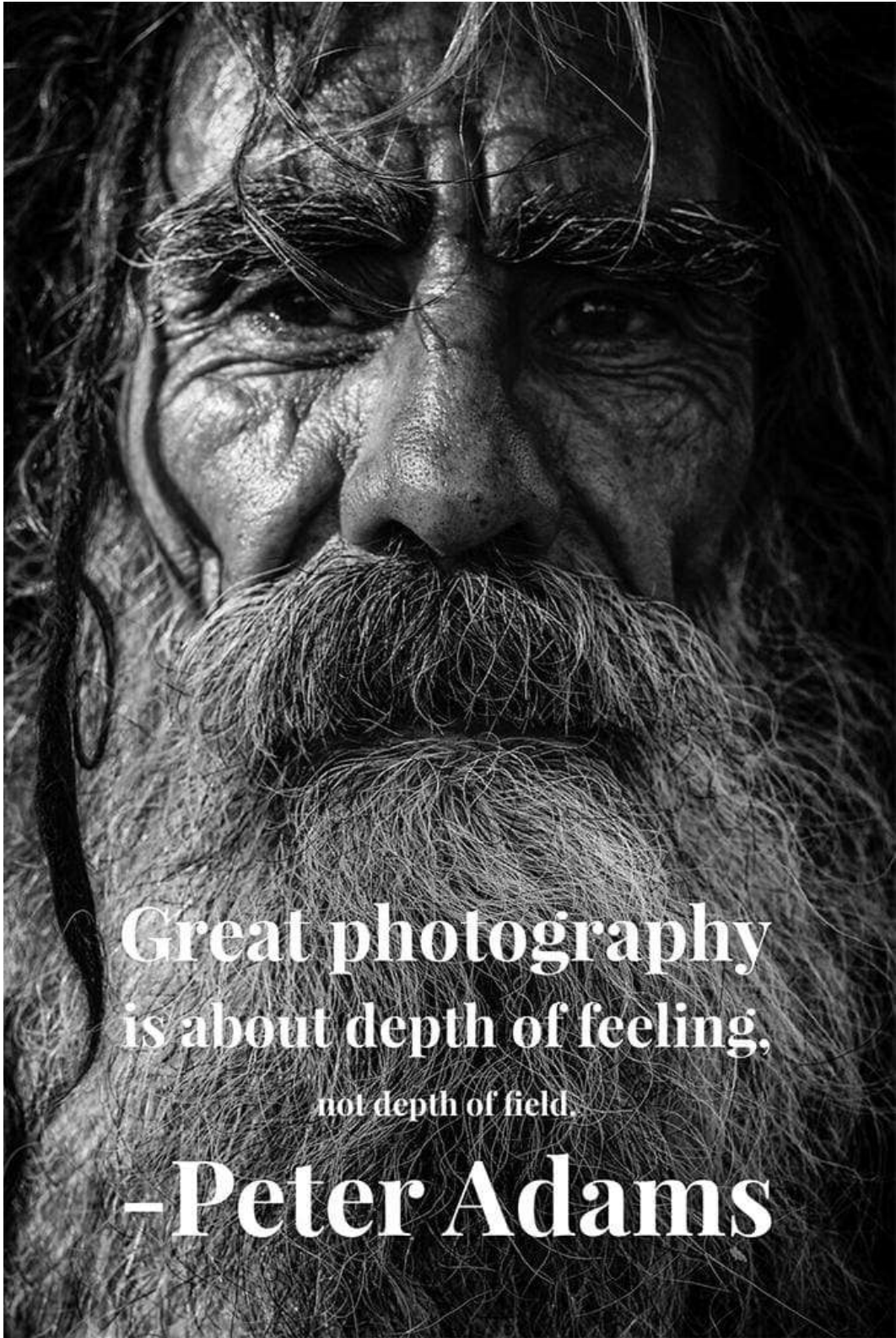
Greetings all, today we will share time together exploring a very brief history and experiential workshop about phototherapy. We will be using these images as we work. We will also be taking photos (please have phone fully charged) alone, quietly, and sharing in small groups and then the big group. There will be at least one break.

I, (Tammy) will share some Clinical uses of phototherapy spanning 25 years I have been using this wonderful Arts based therapeutic gift along side my other Expressive Therapy Arts.

I look forward to seeing you and spending this time together during your orientation.

Thank you, Tammy

I have also attached some quotes we will discuss and work with:



**Great photography**  
is about depth of feeling,  
not depth of field.

**-Peter Adams**



**To take a photograph is to participate in another person's mortality, vulnerability, mutability. Precisely by slicing out this moment and freezing it, all photographs testify to time's relentless melt.**

— *Susan Sontag* —

AZ QUOTES



I like to make people a little uncomfortable. It encourages them to examine who they are and why they think the way they do.

— *Sally Mann* —

AZ QUOTES

 depositphotos

**LIFE IS LIKE A GOOD BLACK AND WHITE  
PHOTOGRAPH, THERE'S BLACK, THERE'S  
WHITE, AND LOTS OF SHADES IN  
BETWEEN.**

**KARL HEINER**

## A Photographer

Colors of life all around  
bustling in the vividness  
of its possibilities,  
though fades through  
to meet its end,  
it seems so endless and abound  
in the realms of our sensibilities,  
I wonder if thats what celestials  
intended it to be,

for it to be limited,  
to be incomplete,  
but it doesn't matter  
I intend to complete  
which the heavens have left incomplete,  
the hues of life  
needs to become eternal  
and will,  
through the lens i see.

*Prasanna Kumar*