



# Student Art Exhibit

Angela Lowden

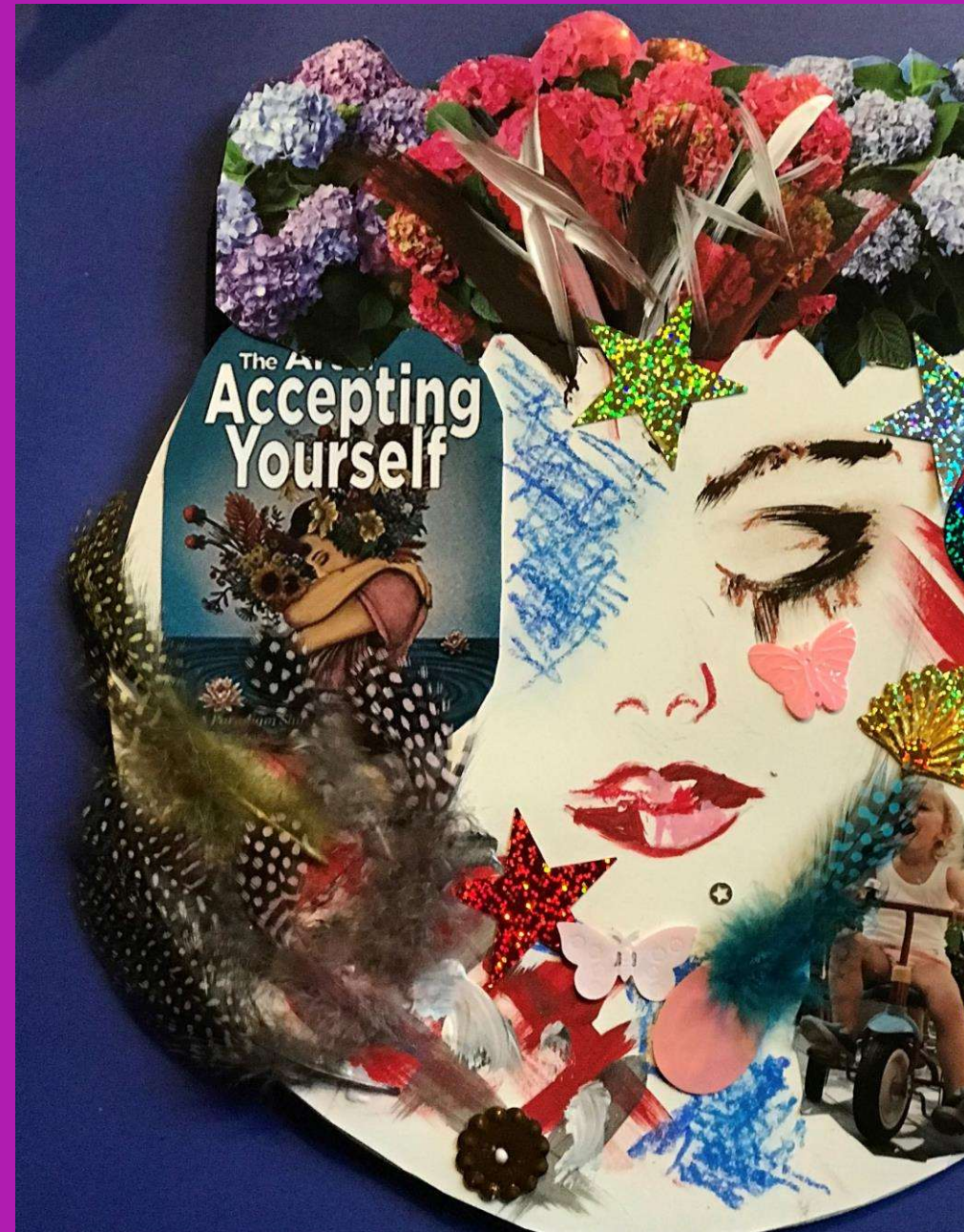
# Philosophy of Art

- ▶ Statement by Angela Lowden
- ▶ I appreciate and value art in many forms. I believe that it is a powerful source of self-expression that can change and improve one's life.
- ▶ My portfolio of artwork includes digital collage, 3D art, drawings, watercolor, photography of
- ▶ landscape, ruins and interior design, dance, and architecture. Color, movement, shape, scale,
- ▶ light, perspective, and composition are important components. The various mediums used are
- ▶ digital art, colored pencils, feathers, adornments, pastels, watercolor paint and paper, and acrylic paint.
- ▶ Religion has inspired many architects, most notably Antoni Gaudi as evidenced by the
- ▶ architecture of the Sagrada Familia Catholic church in Barcelona, Spain. The collages that are presented encompasses my belief that the v
- ▶ emotional, visceral responses and a third space as inquiry, thus supporting art therapy.
- ▶ Garden design could be considered visual phenomenology as well because it is an experience within a visual landscape and a mode of inte
- ▶ environment and an investigation of visual experience. It can be a metaphor for peace, beauty, nature, tranquility, meditation, and evokes a
- ▶ Reflecting on my body of artwork has validated my values concerning the positive influence of the arts on our holistic being.

**Angela Lowden Virtual  
Residency—Graduate  
Art Exhibit Photo  
Descriptions**

**Photo 1: Accepting  
Yourself**

This art piece was completed during the beginning of my Master's Degree journey. It is representative of my appreciation for nature and its calming effects. Nature enables me to be more self aware and gain more confidence so that I can be more self-fulfilling and strong. The star is shining, to represent confidence.



**Photo 2: Argigento**

On a recent trip to Sicily I was privileged to reconnect with my heritage. I visited Agrigento and the Valley of the Temples. This photo of the current art installation represents the combination of art, heritage and history.



**Photo 3: Cefalu**

This photo was taken on the Northern Coast of Sicily, near the town of Cefalu. When I later revisited my photos this one stuck out to me due to the cloud formations. The clouds shaped like a bird symbolizing myself spreading my wings and trying new things.



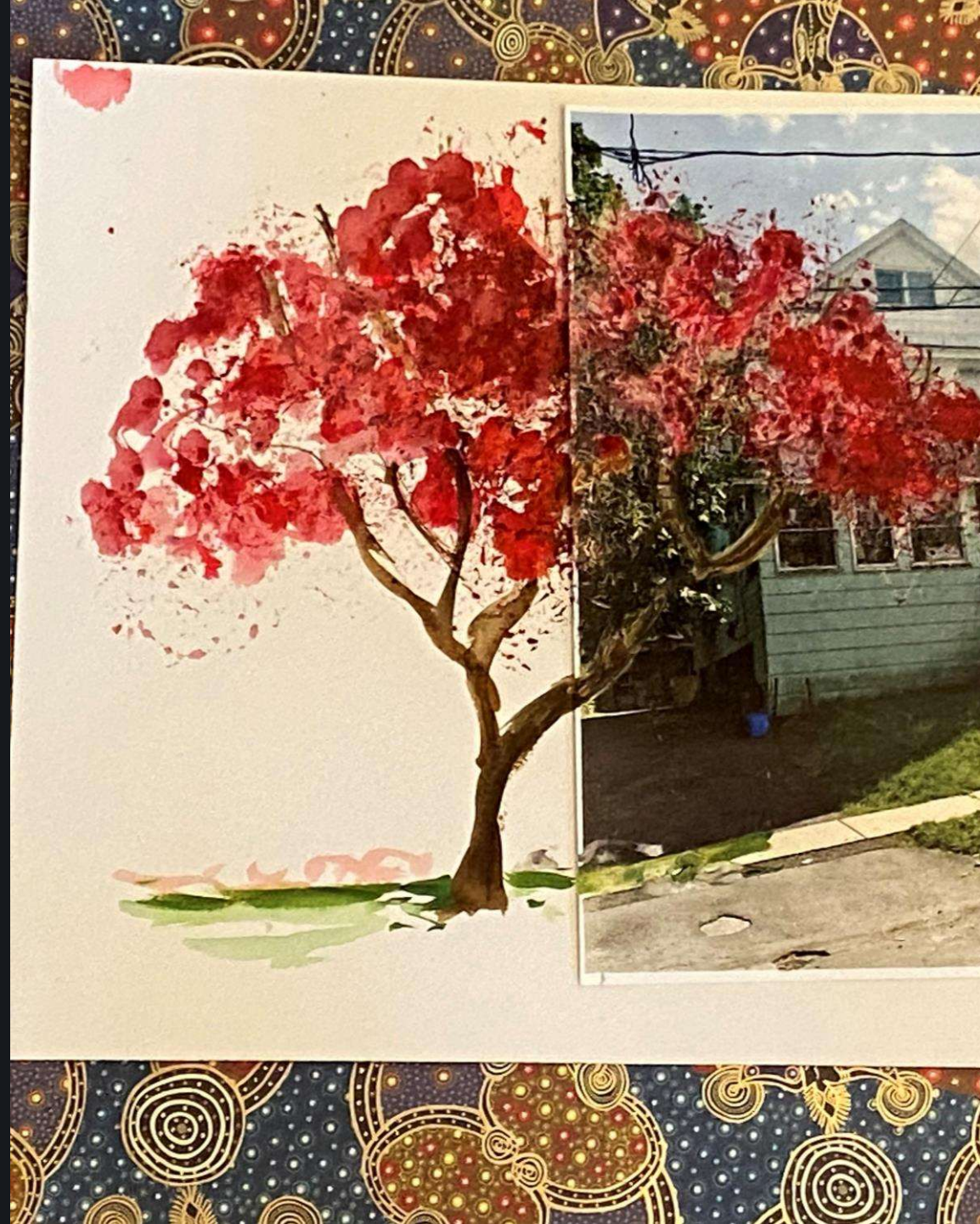
The leaves are the many manifestations of gifts resulting in flowering the world.

#### The Photo 4: Cherry Home

This art piece is a photo of my childhood home where I experience residual pain by a

##### **Photo 4: Cherry Home**

This art piece is a photo of my childhood home where I experienced much of my early childhood trauma. The watercolor cherry tree overshadows the residual pain by adding beauty and hope to the photo. The tree symbolizes individual growth, the trunk represents the backbone and strength, limbs are talents and opportunities. The leaves, manifestations of gifts as in the flowering world.



**Photo 5: Collage**

This collage was created digitally on the site called "Landing." The center represents the divine creator Margarita with long flowing hair, encircled by a serpent with creation around her that she painted of the earth, including landscapes, lakes, and flowers. The colors are exuberant and hopeful. The aerial view of the planet is depicted with oceans and flowing water. I felt this collage mirrored the thoughts that I pictured.



**Photo 6: Ethical Shield**

This art piece was created to represent a shield of ethics. The doves represent fidelity, the eye represents confidentiality, the medical symbol represents do no harm, nonmaleficence, the lotus represents creativity, and the hand/heart represents care for the community, beneficence. The background represents respecting multiculturalism, and the eye, confidentiality.





**Photo 7: Flamenco**

During a recent trip to Spain I was able to attend a Flamenco presentation. The dancers show artistic expression through dance, their clothing and the music. This is representative of their culture and history.



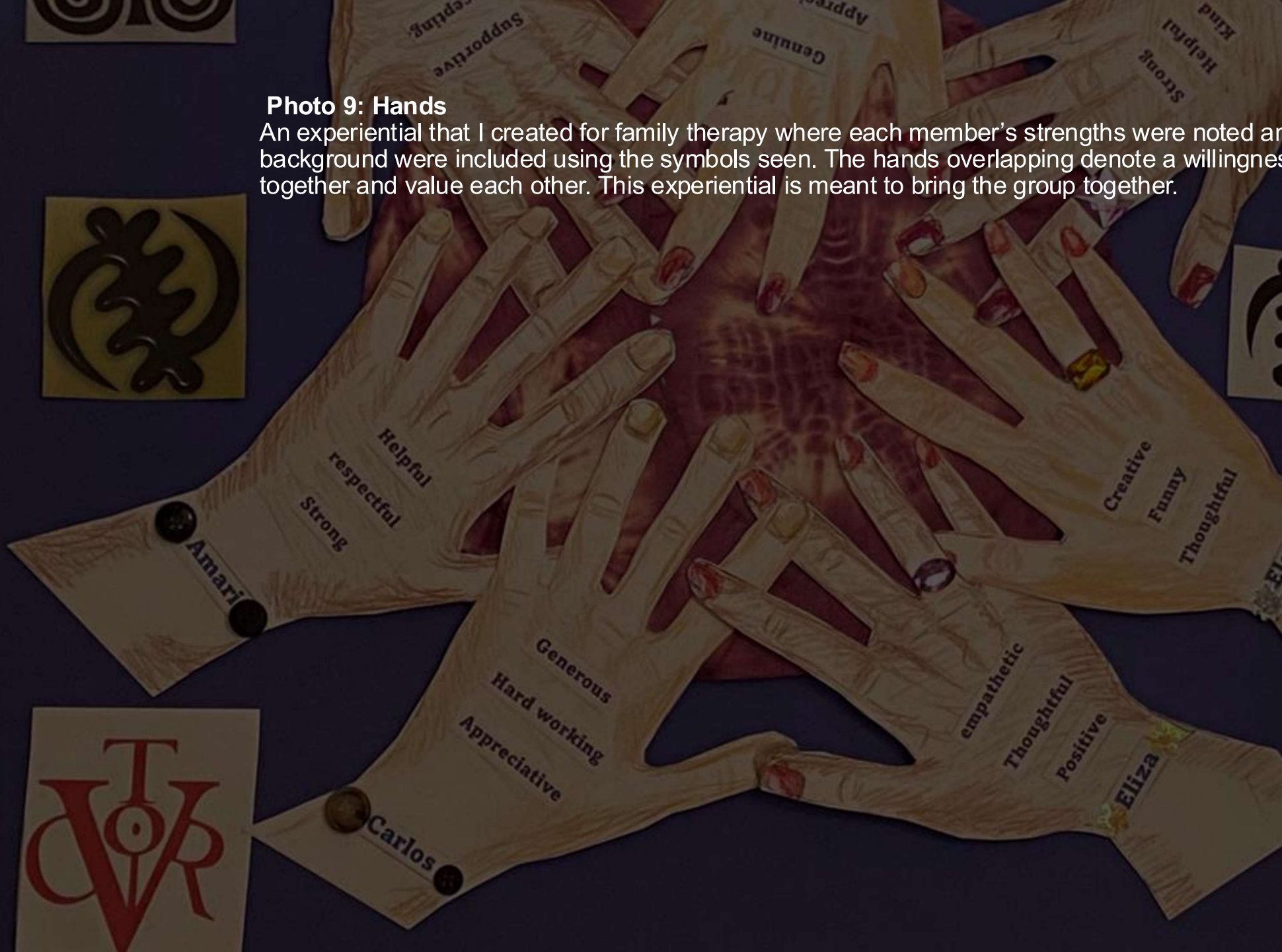
**Photo 8: Hall**

This photo is of an entry hall that I designed through my background in interior design. The undulating staircase represents a cradling of love for those in the household as well as a celebration of vivid color and respect for antiquity as noted in the corinthian column.



**Photo 9: Hands**

An experiential that I created for family therapy where each member's strengths were noted and their background were included using the symbols seen. The hands overlapping denote a willingness to be together and value each other. This experiential is meant to bring the group together.



**Photo 10: Mask**

An archetypal mask that represents a phoenix layered with feathers from various sources including rooster and peacock.

➤ The phoenix represents rebirth.

➤ The phoenix represents to me a rebirth.

➤



**Photo 11: Nevillewood Fireworks**

A photo taken during a fireworks display for a birthday celebration and self reflection.



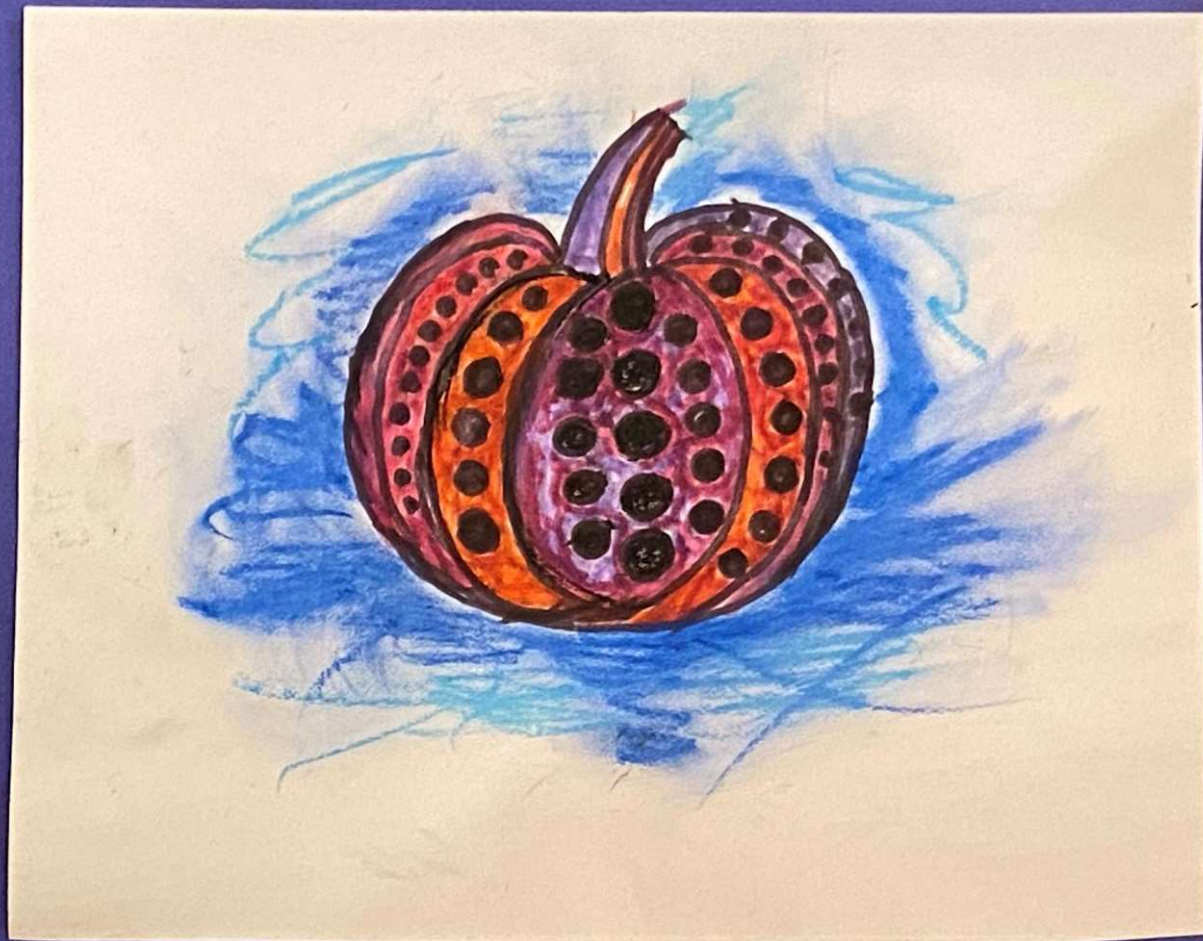


**Photo 12: Night Garden**

Photo of a topiary white Mandavilla to show the exterior lighting in architectural design.

**Photo 13: Pumpkin**

This art piece is a Yayoi Kusama pumpkin created with my non-dominant, right hand. It was an exercise in adaptability.



**Photo 14: Sagrada Familia**

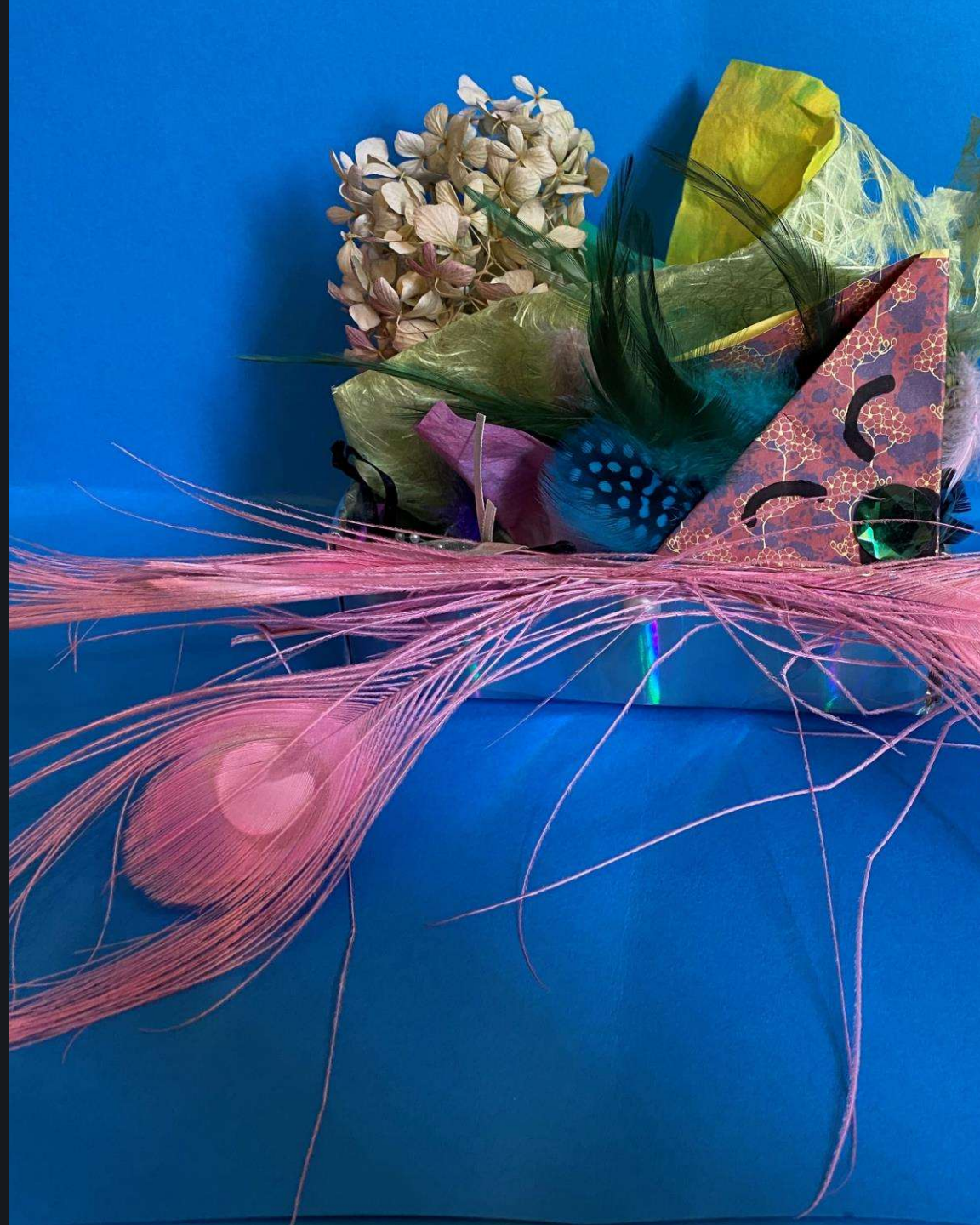
During a recent trip to Barcelona, Spain I was able to visit the Sagrada Familia, which is an exceptional example of Art Nouveau and Gothic architecture. I was inspired to take this photo due to the incredible combination of spirituality and art.





**Photo 15: Self-Care Box**

Origami box created of reflective holographic paper, contains representations of self care, self reflection, including an Origami fox representing intelligence and problem solving, feathers representing strength, and soothing, a worry stone, Japanese paper connoting lightness and artistic spirit, and hydrangea flowers from my first art therapy class, representing confidence to me.



**Photo 16: Seville Fountain**

This photo, taken on a recent trip to Seville, Spain shows the life giving force of water. It also shows the essence of Spanish culture through the colors of the wall and fountain.



**Photo 17: Watercolor**  
Studies of watercolor showing nature.

