

# Artist Statement

Madeline J Boyd

Through my artwork, I strive for growth and healing above all. Ever since I was a little girl I have adored the beauty of artwork and the creative process. In moments of pain and suffering, I would rely on the creative process to comfort me, and allow me to feel what I needed to grow. At one point in my life I stopped creating art because I doubted my capabilities so deeply to the point that I no longer wanted to create. I missed the feeling of creating, and the release that creation made me feel. Around this time in my life I learned about art therapy, and fell in love with the concept of loving the creative process and less on what is created. Now that I follow this philosophy, I admire my art more than ever before. As an art therapist/ artist I create to see myself grow and become the person that I am forever meant to be.



# Artist Process

- My art making process usually starts with an emotion that I am currently feeling.
- I gravitate towards abstract artworks, and fluid art materials.
- Once an emotion is chosen I express the emotion on paper with lines, words, shapes or images that come to me when I am feeling the emotion.
- If I am not using this form of process, I am usually painting or collaging something of choice that I have wanted to create.
- I have a difficult time believing that my artwork is “pretty” or “good”, so I try and focus on how the artwork makes me feel and less on how the artwork looks.

# Professional Aspirations

My professional aspirations are as follows in order

- Gain experience in the Art Therapy field through work experience and internship experience.
- Graduate from the Creative Arts Therapy and Counseling Program
- Achieve an Art Therapy and Counseling license to practice in the state
- Achieve a job providing Art Therapy and Counseling sessions
- Finally open a practice of my own where I can provide Art Therapy and Counseling sessions

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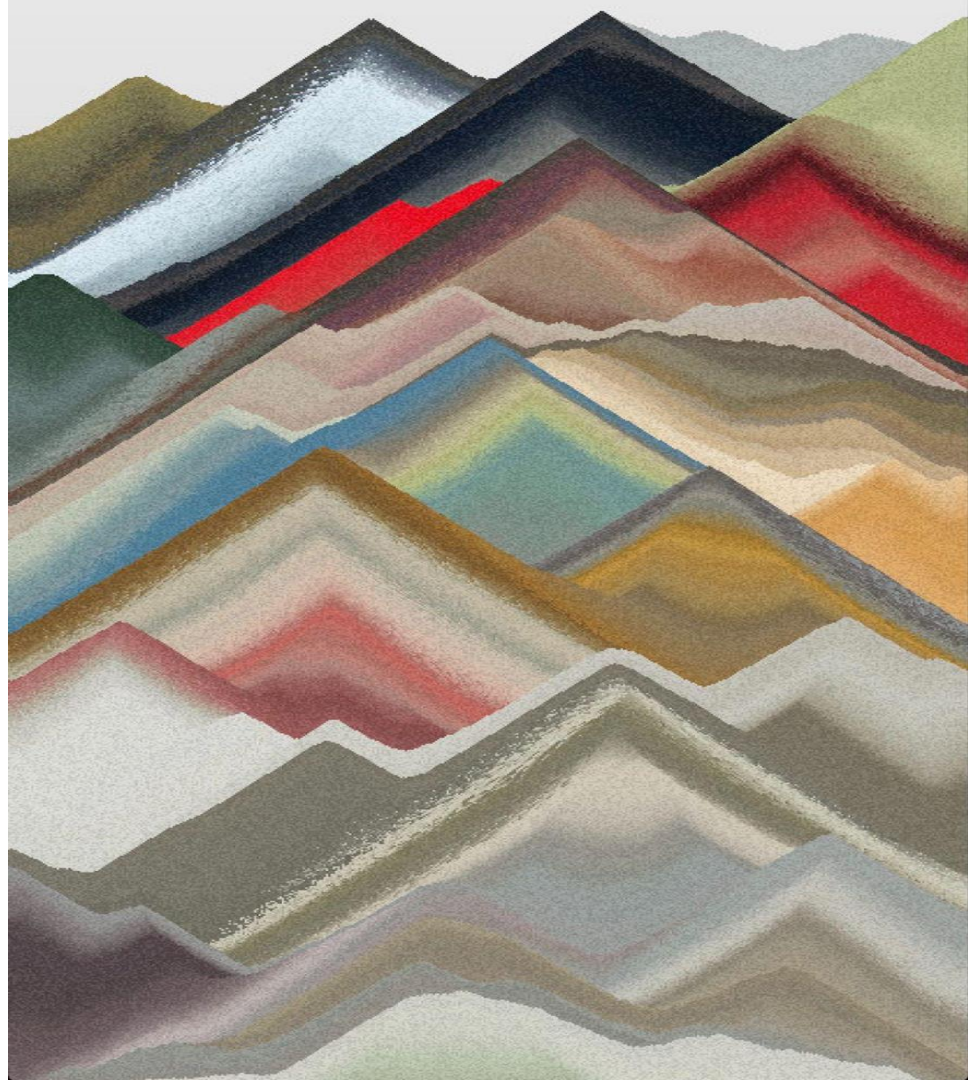
1. Bedroom Color Scheme- Virtual artwork created on the app ThisisSand
2. Maddie's World- Virtual artwork created on the app Color Cam
3. Color Land- Virtual artwork created on the app ThisisSand
4. Bedroom Highlights- created on Photo Collage app
5. Self Portrait- 9X12 watercolor paper, watercolor kit, paint brushes, pens, photo of myself, and written words ripped from paper
6. Felix's Self Portrait- 9X12 watercolor paper ripped into new shape, pens, acrylic paint, and hands
7. Time with Owen- 9X12 watercolor paper, pens, paint brushes, watercolor kit
8. Why Art Therapy- 9X12 watercolor paper, Mod Podge, butterfly patch, pens, magazines, buttons

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9. Vibrant Eyes- 9X12 watercolor paper, Pens, Markers
10. Textured Scales- 8X11 canvas, acrylic paint, plastic straw
11. Anxiety- 9X18 watercolor paper, charcoal, watercolor paints, paint brushes, markers, pens
12. Autumn Air- 8X11 canvas, watercolor paint, paint brushes, pens
13. Lotus- 9X12 watercolor paper, watercolor paint, paint brushes
14. Eye see you- 8X11 watercolor paper, watercolor paints, paint brushes, pens
15. Tread- 9X12 canvas, acrylic paint, textured rolling pins, hands, paint brushes

# Bedroom Color Scheme

Bedroom Color Scheme is an artwork that I created on an app call ThisisSand. I chose to create mountain like shapes with the sand on the app, with colors found around my bedroom. My bedroom at my childhood home is a comfort space for me, so I wanted to represent the calming colors of the bedroom.





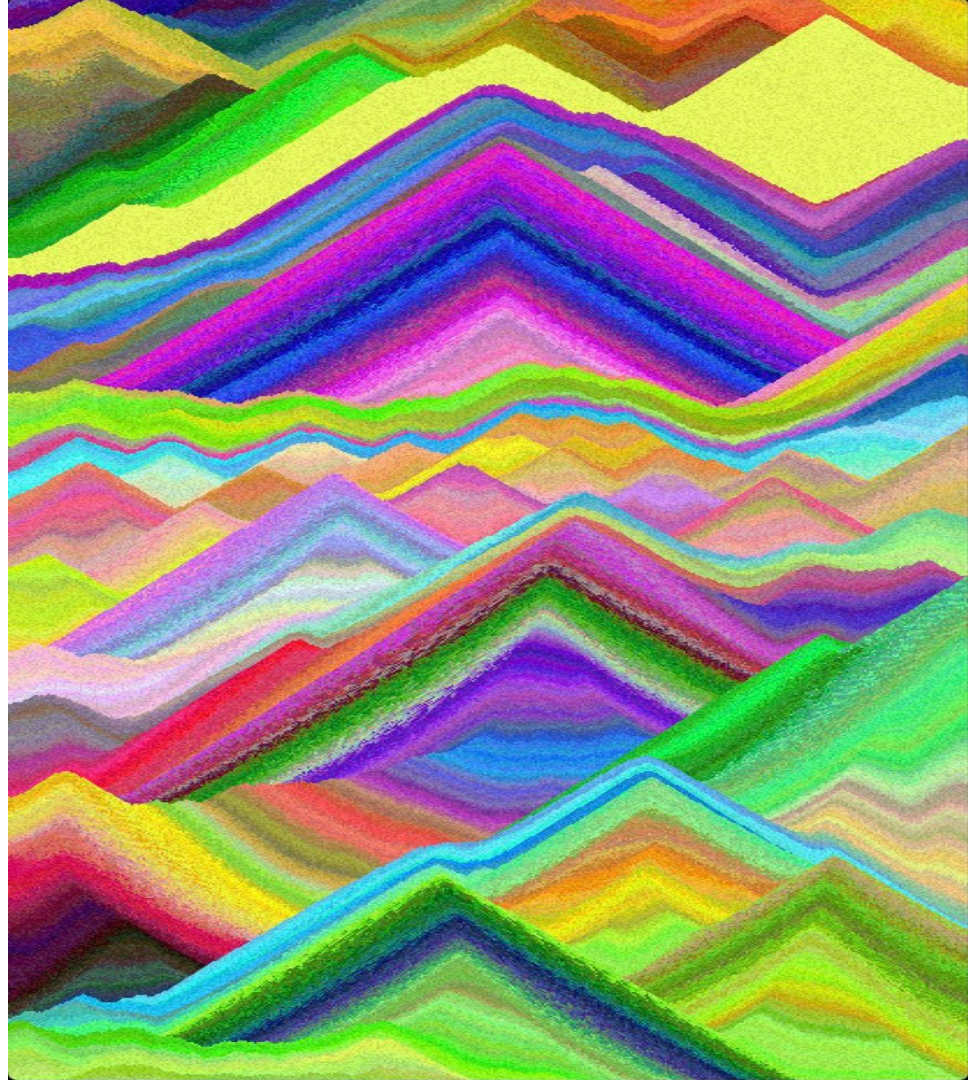
# Maddie's World

Maddie's World is a virtual collage that I created on the app Color Cam. I chose to name this artwork Maddie's world because I used images of my favorite and most beloved things around my home to create a collage that represents the things I love.



# Color Land

Color Land is another ThisisSand mountain like creation. I grew very fond of the ThisisSand app, and created a fun colorful sand creation one evening when I was feeling particularly bored and wanted to create something. I still enjoy looking at this artwork because of the many different layers of color.





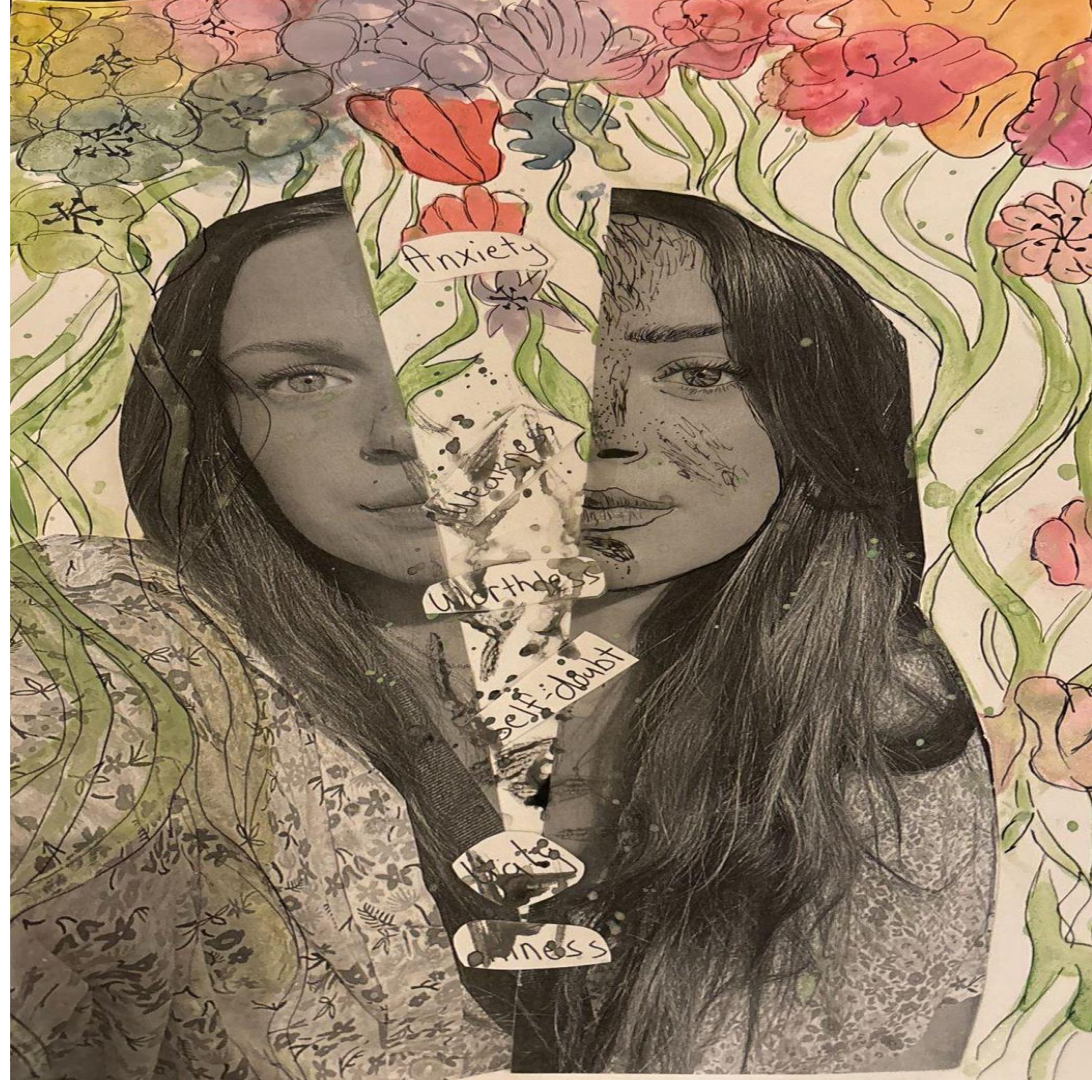
# Bedroom Highlights

Bedroom Highlights is the last virtual artwork that I created. I chose to make a collage of things that I am grateful for in my bedroom that also had a similar theme. I enjoy creating collages and this particular artwork made me feel very calm.



# Self Portrait

I created this self portrait for another course during this semester to represent myself. I created this self portrait in hopes to represent my inner and outer self. I am a self critique to a fault, and wanted to represent that by the black splatter paint and the black shading on the one side of my face. I also wanted to represent how I present myself, which is bright and cheery because that is how I want others to view me. Creating this was emotional for me, but I came to realize that I want to help myself grow to see myself as bright and cheery as well.





# Felix's Self Portrait

I created this self portrait for "Felix" who is a client that I created for a cultural comparison in a different course this semester. While I created this portrait I wanted to be as create as possible, so I covered my hands, and face in paint and used these body parents as paint brushes. Creating the scratchy looking eyes made me feel emotional due to do the motion needed to create the look. I found this art piece to feel freeing to create.



# Time With Owen

I created this artwork based off of a forum prompt to create an image of a fond memory. I chose to exhibit a memory that I have with my older brother Owen. Owen and I used to play outside together everyday and swing on a swing set that my dad built for us. Owen and I would would listen to music while we swung and enjoyed each other's time. I adored this activity with Owen, so I decided to create this in a painting. Creating this made me a little bit sad because I do not see Owen as much anymore. As well as sad, I felt happy that I was able to create this memory, and cherish it.






# Why Art Therapy

I created this art piece to represent the reasons why I chose art therapy as a profession, along with the populations that I would like to work with. I chose images of buttons, butterflies, and the American flag because these images remind me of my family members who always pushed me to embrace my creative side and to not give up. Specifically my grandmother who loved buttons and flowers, and my cousin Aaron who was a US Veteran and an Artist. The images of the elderly couple, and the young boy is to represent the populations that I would like to work with one day which is children, and older adults.



ART Helps you grow,  
Young or Old





# Vibrant Eyes

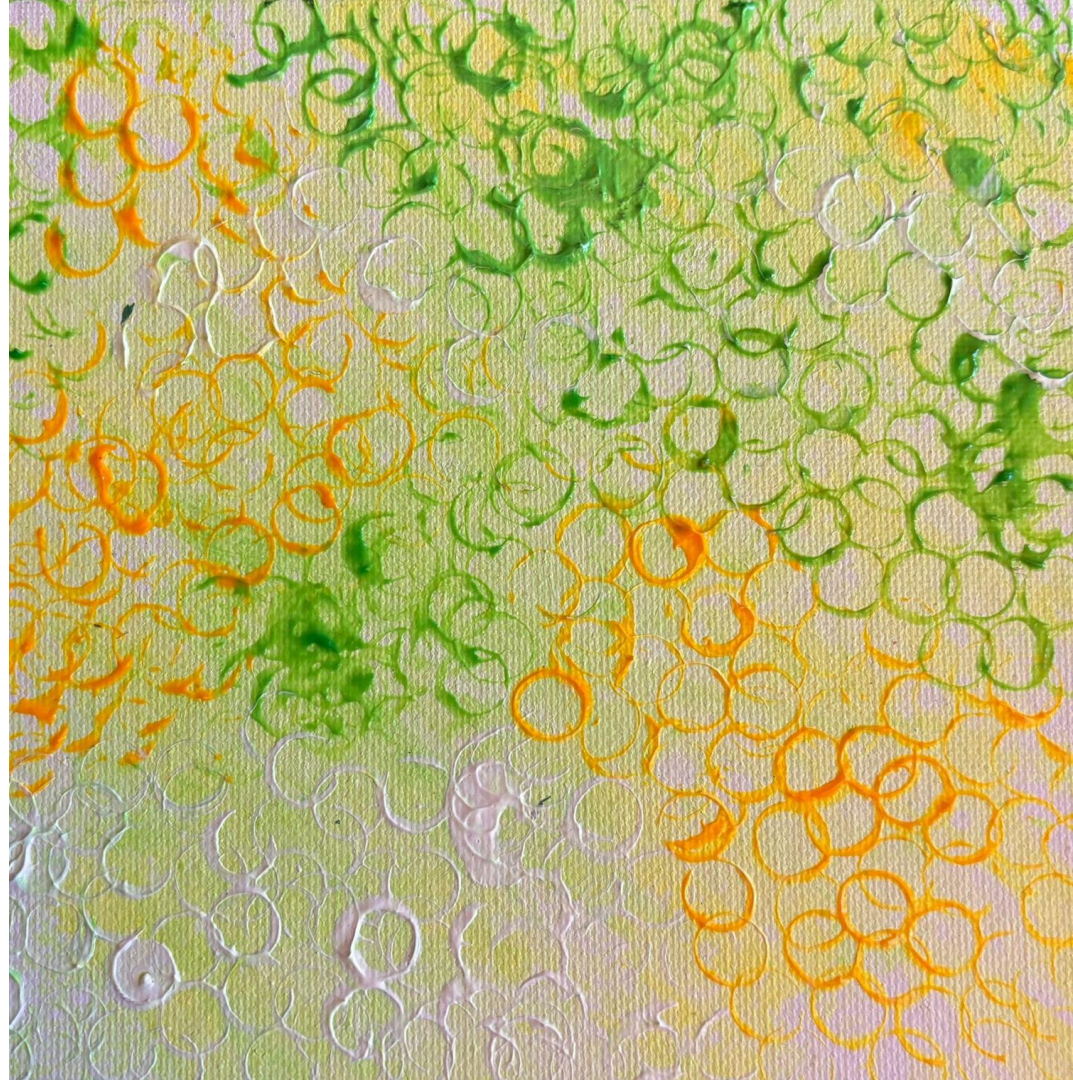
I created this artwork while thinking of happy emotions, and sad emotions. I chose the bright colored eye to represent happiness, courage, and love. I chose the blue and green colored eye to represent sadness, melancholy, and doubt. I wanted to show that although these emotions are different, they are still an important part of me is why I chose to make them the same, but different still.





# Textured Scales

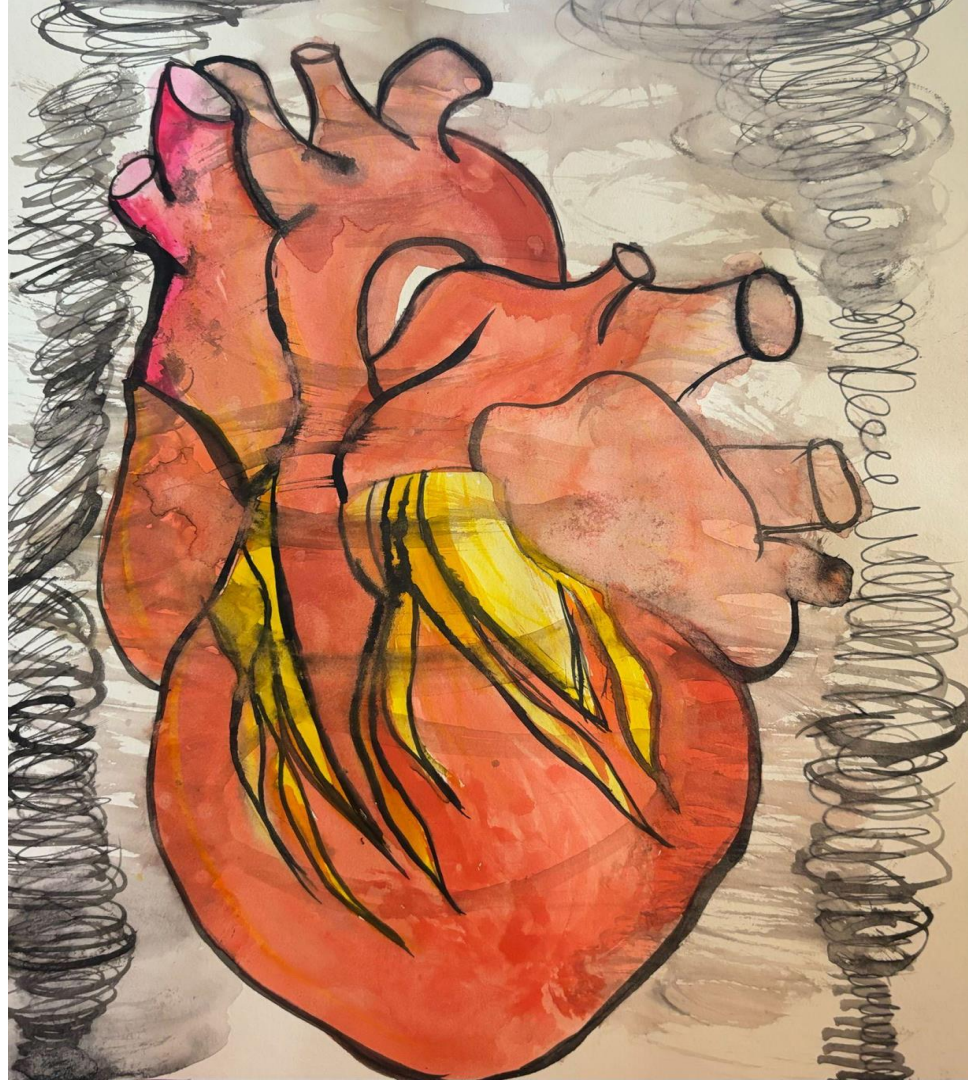
I do not use a lot of texture in my art usually, but creating this small piece was very fun for me. I was very pleased with the feeling and outcome of this artwork, and I still get a sense of happiness when I look at the piece.





# Anxiety

I created this artwork while I was feeling incredibly anxious. I wanted to show how my body was feeling when I was anxious, and I decided to represent a sort of abstract human heart, and tornadoes in the background to show that my mind and heart are both racing when I am anxious. I wanted this artwork to be dark because anxiety is a very dark emotion for me. Creating this artwork felt like a release of emotions for me, and I felt a sense of freedom from the anxiety after the artwork.





# Autumn Air

I chose to create this artwork at the beginning of the fall season because fall is my favorite time of year, and I wanted to create something that represents the fall season. I enjoyed creating this painting. This painting made me feel even more excited for the upcoming fall season.





# Lotus

I created this artwork when I was feeling inspired one afternoon. I had seen a lotus flower a few moments before I decided to create this image. I enjoyed creating the layers of the flower. I enjoyed how the watercolor dripping made me feel, and I was excited to create this image. This artwork made me feel calm at the end of creating the artwork.





# Eye See You

I created this artwork when i was feeling inspired. I had been feeling very down on my artistic ability, and decided to take my time, and create something that I would be proud of. I used my favorite colors, and created an eye which is one of my favorite things to create. I ended up being very proud of this artwork, and still am to this day.





# Tread

I created this artwork when I was wanting to experiment with different textures. I enjoyed using many layers of paint for this, and using different texture tools to create lines, and marks in the paint. This reminds me of a tires tread, which looks interesting to me. Physically creating this artwork felt pleasing.

