# **Artist Statement and Portfolio**

Julia Collado

## About:

Hello, I'm Julia Collado. I was born in Hunterdon County and raised in a small town in New Jersey. I Graduated from Hunterdon Central Regional High School in 2018. After high school, I transited into college where ups and downs were presented within the 4 years. As time passed by, being a college graduate who then found herself becoming a graduate student at West Liberty University. I plan on getting my masters in Art and Art Therapy Counseling to share my passion in community service, provide a trust in analysis and mental health counseling towards making art. Most importantly, it's an honor not a privilege to be of service but to examine one's thoughts or experiences.

## **Artist Statement:**

My purpose is to connect our emotions and experiences in forms of expressions. Expression is personal and subjective to the artist whereas the audience can relate to these forms of reaction and sensations. Therefore, understanding the battle within ourselves and our past experiences that shaped our perspective. Adding to the effect that our psychological processes commission our reality by expressions through art and how we communicate our feelings. Art and psychology go hand and hand in my future endeavors through critical reflection and research. I will be looking forward to applying both subjects as a part of my mission of expressions.

# Portfolio: 10 images

#### Psychologically and expressive forms of Art

- **Exploration of new ideas**
- ★ Emotional connection towards the audience and the image itself (emotional currency)
- Relationship between shapes and mixture of various colors



# Self-Portrait



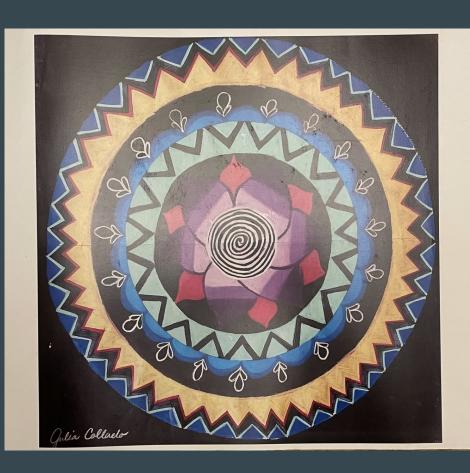
Julia Collado, *Light and Dark*, charcoal,

20" x 20"



Julia Collado, *Icebreaker*,

Soy ink, 18" x 10.5"



Julia Collado, *Glow within,* chalk pencil , 18" x 16"



Julia Collado, *Follow the Brick Road,* Soy ink, 22" x 30"



Julia Collado, *Layers of Lust*, Soy ink, 9" x 12"



Julia Collado, *Tears*, drawing and paper,

12"x 12"



Julia Collado, *Blossom raindrops*,

watercolor and soy inks, 22" x 30"



Julia Collado, *Jack-together,* color paper, unknown size



Julia Collado, *Roses,* monoprint, 18" x 26"



Julia Collado, *Baby Pollock,* soy inks, 8" x 6"

#### **Professional Aspiration**

- Professional goals serve as a roadmap for personal and professional development. As an
  upcoming art therapist it is my mission to provide a sense of guidance and purpose in various
  communities or individuals life. I would love to move forward with this profession due to
  acquiring new certifications or skills, as well as long-term aspirations, such as reaching a
  leadership position and starting a private business. (working at the hospital full time and
  private practice on the side)
- Populations that I would like to work with: complex developmental disabilities and a cancer hospital or facility

# Resume:

https://docs.google.com/document/d/1Mm bcO3gla83FAh-PrBNzHrwlR4n8CYTt9ob 5oQN5cIA/edit?usp=sharing

#### Julia C Collado (908) 335 -5512 J

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Aiming to use my knowledge and experiences to effectively fulfill personal and professional goals. Well known as an active member of the community who seeks to bring positive energy, focus, collaboration and dedication. Most importantly, helping individuals of all ages and abilities to create their own healing by expression and valuable resources

Education	
2023-Present	West Liberty University Graduate Program, Major: Art and Art therapy Counseling
2018-2022	Backelors of Art (B.A.), Major: Fine Art Hartwick College, Oneonta, NY
Work Experience	
August- Present	Paraprofessional, Matheny Medical and Educational Center, 65 Highland Ave, Peapack and Gladstone, NJ 07977  Play an essential role within school districts by supporting teachers and students in many ways. For instance, can tutor students or assist the teacher with managing the classroom and organizing instructional materials.
May-July 2023	Registered Behavioral Technician, Sunshine Advantage
	<ul> <li>A registered behavior technician supports and implements a patient care plan created by a board-certified behavior analyst. They provide ABA interventions that encourage socially acceptable replacement behaviors so clients can build and improve upon their communication, social interaction, and problem-solving skills.</li> </ul>
September- December 2022	Gallery Coordinator Assistant, Center for Self-Expression, Main View Gallery & Studios, 73 Main St, Oneonta, NY 13820  • Develop and implement Individualized Education Programs (IEPs) for each student  • Teach and mentor students as a class, in small groups, and one-on-one
October- December 2022	Peer Educator Internship for Health and Wellness, 1 Hartwick Drive, Oneonta NY  Interpersonal and communication skills  Setting up events to showcase our community about health, awareness, a sense of support towards campus  Personal Development

Diversity Inclusion Belonging Associate, Oneonta, NY

Marketing and Communications
Planned Events such as Art therapy as a tool to demonstrate
resources to the community with additional information
on cultures, race, disabilities, identity, gender and mental

References

2020-2022

Available on request

# **Contact information:**

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