

hear about the buildings and tales by the storyteller. Supplemented with historic B&W photos, he will highlight the elegance and history of Wheeling's premiere park.

Rich Knoblich is author of Talking 'bout the Relatives an original tall tale collection inspired by visits to his fictional family homestead. His rustic humor brought home eight ribbons from the WV Liar's Contest and he has served as judge for many other contests. His creative tall tale writings have been published in national and regional magazines and he has entertained audiences throughout the Mid-Atlantic region.

112. Rubber Stamping! It's Easy! It's Fun and You Can Do It!

Thursday, May 24 – 9 am

Have always felt that a "gift" of your time is such a special gift. Allow me to introduce to you the art and fun of rubber stamping. It's a delightful way to occupy your time plus the receiver of your efforts will be pleased to have it. Perfection has no place in these first attempts, so don't be afraid as it will naturally come with effort.

Toni Brautigam has been a stamper and teacher of rubber stamping for over 25 years! It's a craft she loved from the beginning and is not limited to cards. She will show you the ease with which you can begin your experience into rubber stamping and take a finished card you have made (complete with envelope) home with you. **Note: Additional cost of \$5 per person for materials, payable on day of class by cash or check to Ms. Toni Brautigam.**

113. To Hell and Back **Tuesday, May 29 - 1 pm**

The afterlife has been envisioned in various ways throughout the ages. From ancient Mesopotamia to the late Middle Ages and beyond, the various depictions of the afterlife tells us much about the societies that have created them. What makes these visions unique, and what do they have to say to us today?

Gerard NeCastro is Dean of the College of Liberal Arts. With a Ph.D. from the University of Wisconsin, he is a specialist in medieval literature, especially pre-Shakespearean drama, Chaucer, and Dante, and is a lifetime student of art history.

114. Alzheimer's Disease...Unraveling the Mystery **2 Sessions: Wednesday, May 30 (Highlands Center) & Thursday, May 31 (Right at Home, 816 National Rd., Wheeling) – 1 pm**

Session 1 (May 30) – The basics of the healthy brain and the crucial parts of the brain in action. What happens to the Brain in Alzheimer's Dementia? Learn about research and the search for new treatments. Explore support for families and caregivers, and how we can improve the quality of life for those affected by Alzheimer's Dementia.

Session 2 (May 31) – Virtual Dementia Tour

The VDT uses patented sensory tools and instruction based on research conducted by P.K. Beville, M.S., a specialist in geriatrics and the founder of Second Wind Dreams®. During a Virtual Dementia Tour experience, trained facilitators guide participants outfitted with patented devices that alter their senses while they try to complete common everyday tasks and exercises. The Tour enables caregivers to experience for themselves the physical and mental challenges those with dementia face, and use the experience to provide better person-centered care. And here's another special feature... proceeds from the Virtual Dementia Tour are used to fulfill the mission of Second Wind Dreams to make dreams come true for elders who live in long-term care.

Note: Tours will be conducted every 15-minutes starting at 1 pm on Thursday, May 31.

Location: Right at Home, 816 National Road, Wheeling (former TJ's Auto Sales)

Right at Home offers a comprehensive collection of services to meet your needs at home. Each Right at Home office is locally owned and operated. April Wintermoyer, Owner, is right here for every client and their family member-making local decisions and coordinating care.

The session will be taught by **Karen Shilling-Darago**, LSW, Regional Vice President of Sales and Marketing. Karen has over 20 years of experience in the field of Geriatrics, and is a strong advocate for those in need of services with Dementia.

Right at Home has The Right People, The Right Services, The Right Approach, and The Right Mission.

115. "Faith Alone, Grace Alone" Martin Luther and the Reformation **Tuesday, June 5 – 1:30 pm**

In 1517, German monk Martin Luther posted "Ninety-five Theses on the Power of Indulgences," seen as the start of the Protestant Reformation. His challenge to the Roman Catholic Church took incredible courage. Issues of faith, conscience, and the individual's relationship to authority resonate as much today as they did 500 years ago and this program exams how one person's act of defiance changed the world.

Sandy Czernek has been an instructor of history at WLU since 2004. She previously taught at West Virginia Northern Community College for several years. She earned both her bachelor's degree in secondary education and master's degree in history at West Virginia University. Her special interests are the Civil War, Appalachian history, and baseball.

116. The Ziegenfelder Frozen Treat Tour **Thursday, June 7 – 11 am**

We invite you to come tour the "Twinpop Capitol of the world!" Here at Zieggy's we produce over 3M pops in 24 hrs. – almost 2.5M here in Wheeling. You will get a glimpse of the full production process of how we create millions of SMILES across USA.

For well over a century, the Ziegenfelder name has been synonymous with the big and happy smiles that come from enjoying wholesome treats. A rich history of customer service and homemade products that began with candy, expanded into ice cream and evolved to become one of the largest producers of frozen twin pops in the United States.

Directions: 87 18th Street, Wheeling, WV. When you arrive you will want to enter the building through the 18th Street entrance. There is a small sign that says "twinpop capitol of the world" on it. Enter through that door and head up the flight of stairs. Parking is available on the street or in the gravel lot across the street from the plant.

Requirements for those participating in the tour:

- Closed toed shoes required (tennis shoes preferred)
- No tank tops – short sleeve shirts and shorts are fine. Contrary to belief it is not COLD in the production area, it's comfortable.
- No jewelry
- No hats
- Everyone will be required to wear hair nets (beard nets for the guys) and ear plugs

Note: The maximum capacity for the tour is 26 people. Reservations will be accepted on a first come-first served basis. Reservation form and payment in-full required to reserve a spot on the tour.

For more information:

Savannah Moore at 304.217.2800 or

savannah.moore@westliberty.edu

Ron Witt at 304.336.8844 or

wittron@westliberty.edu

Community University - WLU Highlands Center

Entrance is located across from the

Marquee Cinemas

355 Wharton Circle, Suite 200

Triadelphia, WV 26059

westliberty.edu/community-university



Community University

Spring 2018

For Life Long Learning



WEST LIBERTY UNIVERSITY

Enroll in Community University and join like-minded adults interested in the joy of learning! Community University is an organization with volunteer presenters and programs shaped by request. Courses and lectures are conveniently scheduled during the day at WLU Highlands Center, unless otherwise noted. There are no entrance requirements, grades or tests. Enrollment is easy! Fill out the enclosed form and return it with your tuition of \$25 entitling you to enroll in as many courses or lectures as you wish during the fall term. Please note: there may be an additional cost for some courses. Most courses are about 90-120 minutes in length.

101. Firearms Laws – State of West Virginia and Federal**Tuesday, April 10 – 9:30 am**

A discussion of the Right to Bear Arms, concealed carry regulations, prohibitions, firearms possession and use in public places, and the West Virginia laws of self-defense. U.S. Supreme Court decisions interpreting the 2nd Amendment and rulings related to gun control will be presented, including the landmark case (District of Columbia v. Heller), followed by a class discussion of current gun violence issues.

Dan Baker is an attorney retired from Marathon Oil Company, where he was senior counsel, and United States Steel Corporation, where he was a senior general attorney. He was Marine Corps JAG, 1970-1990, and tried over 500 criminal cases, predominately felonies. Dan has taught as an adjunct professor in the Hazardous Materials Management program at the University of Findlay, in Ohio.

102. Movies with Art – Sci-Fi Films**8 Sessions: Starting Wednesday April 11
Every Wednesday through May 30 at 9:30 am**

It really is time that we look at Science Fiction. While the stories themselves are obviously fiction, does that also apply to the science? Our choice of films will range from the halcyon days of our youths when we packed into vehicles to be frightened on “dollar-a-car night” at the myriad of drive-ins to films of the present decade. Although it is difficult to be frightened at 9:30 in the morning, these will take us from nostalgia to the sciences of a new era.

Art Barbeau is professor emeritus at WLU where he taught history and anthropology for 43 years. This will be his 12th time presenting for the Community University and he has taught over 120 classes since the program began.

103. Moments in History**Thursday, April 12 – 1 pm**

This session will profile the Revolutionary War era people and events that impacted the residents of the Upper Ohio River Valley. It will include seldom published details about the people and events which have shaped our history. We will explore the Squaw Campaign of 1778 and the Treaty of Fort Pitt. Come and discover why events at Fort Pitt impacted the lives of people living in this part of the country. We will examine the Coshocton and Gnaddenhutten Massacres and explore the life of Simon Girty and the role he played in the rescue of Simon Kenton. We will discuss Girty's role in the Defeat of the Crawford Campaign. Come and find out what motivated the Indians who participated in the raiding parties that terrorized the families living in Western Pennsylvania and Virginia during the Revolutionary War.

Earl Nicodemus is retired after serving as a higher education faculty member for over 40 years. He holds a BS degree and a number of graduate hours in agriculture from Ohio State University and is the author of Weelunk's 12-month series Betty's Garden Diary.

104. Airshow!**2 Sessions: Tuesday, April 17 & Thursday,
April 19 – 1 pm**

A pictorial lecture and slide presentation by noted aviation photographer Jon Letzkus as he takes us through the chills and thrills of airplanes going through their paces at various domestic air shows.

Jon Letzkus is the retired chairman of the board of Ohio State Financial Services, and the retired president of Bridgeport Savings and Loan Association in Bridgeport, Ohio. He also taught law as an adjunct professor for WLU for 17 years, and has six years of experience teaching at Community University.

105. Healthy Aging through Exercise**Tuesday, April 24 – 10 am**

Why do people age? There is a difference between getting older and aging, and it has to do with health and fitness. Mounting evidence supports the idea that becoming and staying active is key to preventing disease and staying healthy into older ages. This class will explore the science behind aging and exercise and will also present tips and strategies for starting an exercise program and staying active for life.

Ryan Koenig is an assistant professor and the program director in exercise physiology at West Liberty University. He earned a PhD in exercise physiology from the University of Wisconsin-Madison where he researched the effects of exercise and nutrition on health, aging, and inflammation.

106. Estate Planning Basics**Thursday, April 26 – 1 pm**

The presentation will give a brief overview of the key issues related to estate planning to ensure an efficient and effective transfer of assets to loved one. Efficient refers to transferring assets at the lowest cost possible and effective means to make sure the people you want to your assets, get them. Topics covered include: probate, gifting, estate tax, gift tax, wills, transfers at death, and titling of assets.

Dr. Gregory Chase is the MBA program director and an associate professor of finance and economics at West Liberty University. He teaches classes in finance that prepare students to become certified financial planners.

107. Bring YOUR Story into the Digital Age**4 Sessions: Tuesdays, May 1-22 – 10 am**

Learn how to turn stacks of family photos, scrapbook memorabilia, and other personal artifacts into powerful stories you can share with the world. Over the course of four two-hour sessions, you will create a one-of-a-kind digital movie featuring your voice, favorite music, and images. The course ends with a premiere of the digital stories you create. Don't worry! This class is for beginners. Materials needed: laptop or portable tablet/iPad, scanned images, and a WeVideo account (free or premium).

Alumna Dr. Christina Fisanick is an associate professor of English at California University of Pennsylvania where she teaches expository and research writing in addition to memoir and digital storytelling. She holds a certificate in digital storytelling from University of Colorado and is the author of more than 30 books.

108. Historic Wheeling Walking Tour & Afternoon Tea, Eckhart House Home Tour**Thursday, May 3 – 1 pm (2-Part Tour)****Historic Wheeling Walking Tour (1-2:30 pm)**

The Tour begins at the Wheeling Visitor's Center, 1401 Main St., with a discussion of Wheeling's earliest days, the way in from the east and the Zane's land claims, through the 19th century transportation boom. Wheeling's early technological developments, water, electricity, bridge etc., are explored. The tour ends at the Eckhart House in Historic North Wheeling. **Note: Additional cost of \$10 per person, made payable to WLU.**

Afternoon Tea, Eckhart House Home Tour (2:30-4 pm)

Enjoy traditional tea fare in the ambiance of the 1892 Eckhart House Tea Room. Experience Victorian living with a tour of the home's living quarters. **Note: Additional cost of \$16 per person, made payable to WLU.**

****Note: The maximum capacity for the Eckhart House Home Tour is 26 people.** Reservations will be accepted on a first come-first served basis. Reservation form and payment in-full required to reserve a spot on the tour.

Joe and Gretchen Figaretti are co-owners of The Eckhart House. Joe is a history buff and storyteller and especially enjoys sharing Wheeling's rich history. Gretchen manages the Tea Room.

***Participants may choose to do either tour or both for an all-inclusive price of \$26 per person, made payable to WLU.**

****Note:** This is a “rain or shine” Walking Tour that begins at the Wheeling Visitor's Center and ends at the Eckhart House. Suggested parking would be the Intermodal Parking Garage located adjacent to the Visitor's Center. If you are just interested in the Afternoon Tea & Eckhart House Home Tour, there may be on-street parking or the surface lot or garage on 10th Street.

109. Healthy Motivation for a Healthier YOU!**Wednesday, May 9 – 1 pm**

In a world where we are inundated with constantly conflicting information on what is healthy and what isn't, it's no wonder many have lost sight of what feeling really good feels like. In this workshop, we will address some of the outdated nutrition myths and science-backed truths to simplify what it takes to create a healthy, vibrant life!

Kathi Leonard Salatino is a Certified Nutrition Counselor and Transformation Coach, and the host of WLU-TV's show “Healthy U”. After losing 100+ pounds on her own journey toward wellness, Kathi discovered her passion for healthy living and is dedicated to working with both private clients and corporate groups to create lasting results in their lives.

110. How Laura Ingalls Wilder Made the Little House Books**Thursday, May 10 – 10 am**

How did a 60-year-old farm woman go about turning her life story into one of the most beloved series of children's books ever? This presentation will explore the origin of the Little House books and the process of adaptation and exclusion that turns autobiography into fiction.

Prof. Waller Hastings, a nationally recognized scholar of children's literature, teaches young adult literature at West Liberty University. He has published scholarly articles on Disney animation, Louisa May Alcott, and Beverly Cleary.

111. Oglebay's Hilltop: A Stroll Past Its History**Thursday, May 17 – 1 pm**

Take a casual narrated stroll along the Oglebay Hilltop area and its buildings with storyteller Rich Knoblich. This outdoor walk (no steps or slopes, wheelchair accessible) will begin at the front of the beautiful Oglebay Mansion and continue along the red brick path ending at Glass and Carriage House Museum. Along the way you will