West Liberty University

LESSON PLAN FORMAT – PHYSICAL EDUCATION

Activity\_\_\_\_\_\_\_*\_\_\_*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Teacher’s Name\_\_\_\_\_\_\_*Your name as the creator of the lesson plan; not your college professor’s name!*\_\_\_

Pre-Assessment\_\_*How do you find out students present level of performance in order to plan your lesson for their levels? Make sure that the time when you do this is listed in the Procedures block below.*

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| --- | --- | --- | --- |
| Domain of learning | WV CSO Objective:  *(give the number and write out the objective)* | Objectives:  *(write in kid-friendly language and make specific to lesson using verbs from Domain Taxonomies* | Assessment of Objectives  *(write the assessment activity and attach any task cards, tests, exit slips or other assessments to the lesson)* |
| Psychomotor  *(Movement)* |  | TLW |  |
| Cognitive  *(Knowledge)* |  | TSW |  |
| Affective  *(Feelings)* |  | TLW |  |

Equipment Needed: *List everything that you will need including the number of the item (for example: 10 soccer balls, 4 goals, etc.)*

Play Space Needed: *Where are you teaching this?* *Gym, playground, field, etc.*

Special Markings: *Any markings on the floor or grass that you need to add; a diagram works best.*

Approximate # of Students:

Sources of Information*: Cite your source of information using APA format. Go to APA Style Guide Online as a resource to see proper format for website, books, etc. at:* [*http://owl.english.purdue.edu/owl/resource/560/08/*](http://owl.english.purdue.edu/owl/resource/560/08/)

Procedures: *Write out exactly what will happen as the lesson progresses. Be sure to include the four main teaching elements. Feel free to add additional blocks as needed by putting the cursor to the right of the table and pressing return.*

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| --- | --- | --- | --- | --- | --- |
| Time *(minutes)* | Teaching and Learning Experiences  *(title of activity)* | Teacher and Student Class Organization  *(picture or description)* | Skill Analysis-Description of Skills and Activities  *(What you or the students will do. Write out what you will say for when giving directions like a script)* | Teaching Cues  *(critical elements of skills, buzzwords to use or for students to remember, etc.)* | Safety, Motivation and Individual Differences (*safety instructions, how you will motivate students, differentiation strategies, etc.)* |
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Modifications:

*How can you vary the instruction, activities, or games for students with different ability levels or for students with disabilities?*

Closure:

*How does the lesson end? What will you do or questions will you ask to ensure that learning occurs? What do you want them to know before the class ends? Make sure that the time when you do this is listed in the Procedures block above.*