

**110. Anatomy of a Walking/Running Shoe... Are you wearing the correct shoe?**  
**Wednesday, May 3 – 1:30 PM**

Topics will include shoe types, construction, and how to choose a shoe. A brief synopsis in biomechanics and its application to footwear will be presented, followed by a Q&A.

**Dr. David R. Hanna**, PT, DPT, MS, ATC Assistant Professor/Program Director of Athletic Training/Physical Therapist at West Liberty University.

**111. Healthy Soils, Healthy Plants, Healthy You**  
**Thursday, May 4 – 10:00 AM**

Soil is the foundation for every garden. Learn about how nutrients are made in the soil and how plants obtain those nutrients. Learn how to feed your soil to improve your garden. Follow the nutrient trail to connect how healthy soils make a healthy you.

**Karen Cox** is an Extension Agent in Agriculture and Natural Resources for the West Virginia University Extension Service. She earned her Bachelor's in Forest Resources Management from West Virginia University and her Master's in Forestry from Purdue University. Through field experience in forest inventory, forest management, exotic species control, stream monitoring, collegiate education, and now Extension education she takes scientific research and translates it into practical advice. Her overarching goal is, "Educating and aiding the public to give them a strong foundation in growing all things and being good stewards of the land."

**112. Former WV Penitentiary Tour**  
**Tuesday, May 9 – 11:00 AM**

*Note: Additional cost of \$7 per person, made payable to WLU.*

90-minute guided-educational tour at the WV Penitentiary in Moundsville, WV.

Group Tours at the former WV Penitentiary are 90-minutes of history, education, fun, and interaction with your tour guide. Learn about the day-to-day life of inmates and correctional officers, reasons behind incarceration, and the history of the prison itself. This is an experience like no other! The gothic-style structure is listed on the National Register of Historic Places and was also listed as one of the top 500 places to visit in "USA Today."

*Disclaimer: This is a 90-minute walking tour.*

**113. The Holocaust: A Personal Story**  
**Wednesday, May 10 – 1:00 PM**

Jennifer Weber will provide a glimpse into the life of Holocaust survivor, Magda Herzberger. You will learn about Magda's early life and her exposure to anti-Semitism. Magda survived Auschwitz-Birkenau, Bremen, and Bergen-Belsen concentration camps. Weber will talk about ways creativity helped Magda survive and share several of her poems. The presentation highlights the importance of Holocaust education. It is about an hour long. Weber will also share a photo inspiration book with the audience. The book is a combination of Magda's inspirational messages and Weber's photography.

**Jennifer Weber** is a graduate of West Virginia Northern Community College and West Liberty University, where she earned a B.S. degree in Business Administration. She also received a Graduate Certificate from Seton Hill University's Genocide & Holocaust Studies Program and is currently pursuing a Master of Art in Education with an emphasis on Community Education Research & Leadership at West Liberty University. She is a volunteer for Classrooms Without Borders and has traveled extensively studying and presenting on the Holocaust.

**114. Vikings in the New World**  
**Thursday, May 11 – 10:00 AM**

Learn about the experiences of the real first Europeans in the New World, the Vikings, and the myriad of reasons why we should stop celebrating Columbus Day. The Scandinavian presence in the Americas most likely lasted only for a few generations, but their interactions with the Skraelings reveals much about their culture.

**Dr. Darrin Cox** is an Associate Professor of History at West Liberty University where he specializes in Late Medieval/Early Modern Europe, Vikings, and gender. He earned his PhD from Purdue University and MA from West Virginia University. Besides publishing the book *Aristocratic Masculinity in France (1450-1550): From Knight to Courtier*, Dr. Cox also works with WLU volunteer students in his Viking Living History Project. The VLHP brings a hands-on historical reenactment experience to local schools, conferences, and public venues.

**115. Exploration of the Art of the Italian Renaissance**  
**Tuesday, May 16 – 1:00 PM**

Take a journey to the Renaissance in Florence, Italy, and learn about great works of art produced by master painters, sculptors, and architects. After the re-discovery of ancient Greek philosophies, artists began a new movement with humanism at the center. From The Birth of Venus in Florence, to the Sistine Chapel at the Vatican, we will discuss beautiful works of art and learn about the artists responsible for their creation.

**Kelly Kotur** is a local attorney who developed a passion for art history while an undergraduate student at WVU. In 2012, she was finally able to see these Italian works of art in person and learn even more about their history.

**116. Simple Steps Homeowners Can Do To Reduce Flooding, Water Pollution, and Erosion**  
**Thursday, May 18 – 10:00 AM**

April showers may bring May flowers, but summer storms can bring flooding and property damage. Runoff from our yards, roofs, and roads can pollute streams and rivers and cause our drainage systems to fail. Mosquitoes breed rampantly in standing water, and waterlogged soil can cause your favorite plants to die. So what role can you play as one person in a sea of impermeable surfaces? Quite a large one! From simple steps like changing the height of your mower or disconnecting your downspouts, learn how you can make a big difference in the health of our water ways and improve your yard at the same time.

**Karen Cox**, Ohio County Agent, Agriculture and Natural Resources, West Virginia University Extension Office.

**For more information:**

Savannah Moore at 304.217.2800 or [savannah.moore@westliberty.edu](mailto:savannah.moore@westliberty.edu)  
Ron Witt at 304.336.8844 or [wittron@westliberty.edu](mailto:wittron@westliberty.edu)

**Community University - WLU Highlands Center**

Entrance is located across from the Marquee Cinemas  
355 Wharton Circle, Suite 200  
Triadelphia, WV 26059  
[westliberty.edu/community-university](http://westliberty.edu/community-university)



# Community University

## Spring 2017

### For Life Long Learning



# WEST LIBERTY UNIVERSITY

**Community University at West Liberty  
Spring Term 2017 Registration Form**

Names(s) \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Telephone \_\_\_\_\_

E-mail \_\_\_\_\_

Please write your name(s) and circle the number(s) below that correspond to the number of the course(s) that you wish to attend.

Participant's Name \_\_\_\_\_

101 102 103 104 105 106 107 108

109 110 111 112 113 114 115 116

Guest/Spouse Name \_\_\_\_\_

(if applicable)

101 102 103 104 105 106 107 108

109 110 111 112 113 114 115 116

\$25 per person unless otherwise stated.  
Underlined courses have an additional charge.  
Sorry, no refunds.

**Total Costs**

\$25 Tuition x \_\_\_\_\_ = \$ \_\_\_\_\_  
(number of participants)

\$10 for #103 x \_\_\_\_\_ = \$ \_\_\_\_\_  
(number of participants)

\$7 for #112 x \_\_\_\_\_ = \$ \_\_\_\_\_  
(number of participants)

**Total Payable to WLU** \$ \_\_\_\_\_

Please clip and return registration form along with a check (payable to West Liberty University) to:

**West Liberty University  
208 University Drive  
College Union Box 122  
West Liberty, WV 26074**



*Offering stimulating opportunities to people age 55 and older.*

Enroll in Community University and join like-minded adults interested in the joy of learning! Community University is an organization with volunteer presenters and programs shaped by request. Courses and lectures are conveniently scheduled during the day at WLU Highlands Center, unless otherwise noted. There are no entrance requirements, grades or tests. Enrollment is easy! Fill out the attached form and return it with your tuition of \$25 entitling you to enroll in as many courses or lectures as you wish during the spring term. Please note: there is an additional cost for some courses. Most courses are about 90-120 minutes in length.

**101. Interesting Wheeling History  
3 Sessions: March 28, 30 & April 4 – 1:30 PM**

Dr. Javersak will address fascinating, little known, bawdy, and criminal history of the Friendly City. The approach will be topical, not strictly chronological.

Sessions will also cover the changing nature of the cityscape: which structures are gone and which iconic buildings are still standing.

**Dr. David Javersak** retired from WLU in December 2007, but he maintains an active presence in historic circles: lecturing and writing about local history. He currently serves on the Wheeling Hall of Fame Board and chairs the sub-committee on public service. Last fall, he presented a seven-part history lecture of Wheeling at the People's University at the Ohio County Public Library.

**102. Movies with Art  
8 Sessions: Wednesdays, March 29, April 5, 12, 19, 26, and May 3, 10, 17 – 9:30 AM**

"Favorite Films" – Art will to share some of his favorite films. Some are classics and others are quite new. Here's your chance to see if you agree with his choices.

**Art Barbeau** is Professor Emeritus at WLU where he taught history and anthropology for 43 years. This will be his tenth time presenting for Community University.

**103. The Life of Earl W. Oglebay  
Wednesday, March 29 – 2:00 PM**

*Note: Additional cost of \$10 per person, made payable to WLU – includes a pass to the Oglebay Institute's Mansion and Glass Museums. The tour will begin at the Mansion Museum at Oglebay.*

The name Oglebay is well-known in the area, but how much do you know about the man himself? Learn about the personal and professional life of Earl W. Oglebay, the man behind the park, the Mansion Museum, and more. Photographs, archival items, and artifacts from the collection will be used to tell the fascinating story, and participants will receive a "behind-the-barriers" tour of Mr. Oglebay's summer home. Presented by **Holly McCluskey**, OI Curator of Glass.

**104. Losing My Mind: The Psychology of Memory  
Thursday, April 6 – 9:00 AM**

How good is your memory? What different types of memory do we have? What kind of factors affect our ability to remember and forget? During this session, we will explore how we create and store memories, the different categories of memories, and memory impairments. You will have the opportunity to participate in several memory assessments and experiments. This is a new offering.

**Tifani Fletcher** received her Ph.D. in Experimental Psychology, with a focus on translational science, from East Tennessee State University. She is currently an Assistant Professor of Psychology at WLU. There, Dr. Fletcher created H.E.L.P. (Hilltopper Experimental Lab in Psychology), where she works with WLU students on a wide variety of social science based research projects.

**105. Obesity and Cancer  
Thursday, April 6 – 1:30 PM**

Dr. Wetzel will discuss obesity and related malignancies. **Dr. Robert Wetzel** is a board certified obstetrician/gynecologist in practice for 24 years. He currently has an active gynecology practice, teaches as an assistant professor in the WLU P.A. program, and serves as a medical director for the Health Plan.

**106. The American Automobile  
3 Sessions: Tuesdays, April 11, 18 & 25 – 9:30 AM**

Tracing the automobile through the years—from the beginning in the late 1800s to the present. The course will focus on the American industry, its development and changes over the years, and the impact of imported autos since World War II.

**Keith Lawson** is a graduate of Grove City College with a degree in Commerce. He earned a Master's in Retailing from the University of Pittsburgh. Lawson retired from West Liberty in 2002 after serving the institution since 1966.

**107. Old World Wine Regions  
4 Sessions: Thursdays, April 20, 27 & May 4, 11  
6:00-7:30 PM**

*Note: Additional cost of \$5 per person, per course to sample wine. Fee payable to the presenter on site. Bring your own wine glass.*

This course introduces the topic of wine through a geographic perspective. Each week will feature new wines and regions, including France, Germany, Italy, and Spain/Portugal.

**Aron Massey** is a geography professor at West Liberty University. He has taught several courses on wine at Kent State University. Aron has worked professionally at a winery and is a consultant for multiple aspects of the wine industry.

**108. Identity Theft  
Tuesday, April 25 – 1:00 PM**

This course will cover identity theft and ways to minimize your chances of having your identity stolen.

**Jim Crumbacher**, CPA, MSA is an instructor of Accounting at West Liberty University. He also teaches courses on Fraud Examination and Forensic Accounting. He is a member of ACFE (Association of Certified Fraud Examiners) and has attended Global Fraud Conferences.

**109. Alamo on the Ohio: The Two Sieges of Fort Henry  
Thursday, April 27 – 10:00 AM**

*Note: "Walk and Talk" Tour – Meet at the Capitol Theatre, Wheeling*

To commemorate the 240th anniversary of the First Siege of Ft. Henry, and the 235th of the second, local historian Joe Roxby will offer Frontier History of the Wheeling class using a hands-on approach. The class will meet at 10 AM at the Capitol Theatre. The lecture will be conducted as a "walk and talk" at the actual site of the battles. The class will last about 90 minutes and involve about one mile of walking, conducted at a modest pace. Rain or shine.

**Mr. Joe Roxby** co-authored and lectured on early Wheeling. He is a former coordinator for Fort Henry Days, and a graduate of WLU with a Bachelor of Arts in History.